

# Interaction Effects in Multilevel Models

by

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## ABSTRACT

Researchers are often interested in estimating interactions in multilevel models, but many researchers assume that the same procedures and interpretations for interactions in single-level models apply to multilevel models. However, estimating interactions in multilevel models is much more complex than in single-level models. Because uncentered (RAS) or grand mean centered (CGM) level-1 predictors in two-level models contain two sources of variability (i.e., within-cluster variability and between-cluster variability), interactions involving RAS or CGM level-1 predictors also contain more than one source of variability. In this Master's thesis, I use simulations to demonstrate that ignoring the four sources of variability in a total level-1 interaction effect can lead to erroneous conclusions. I explain how to parse a total level-1 interaction effect into four specific interaction effects, derive equivalencies between CGM and centering within context (CWC) for this model, and describe how the interpretations of the fixed effects change under CGM and CWC. Finally, I provide an empirical example using diary data collected from working adults with chronic pain.

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## Interaction Effects in Multilevel Models

Researchers frequently collect data in which observations are clustered, or correlated. Children are nested within families, patients are nested within healthcare centers, employees are nested within work groups, students are nested within schools, and repeated measures are nested within participants. Applying single-level models to clustered data violates the independence of observations assumption of single-level models and consequently inflates the Type I error rate. Multilevel models account for this clustering, thus keeping the Type I error rate at the nominal significance level, and further allow researchers to simultaneously investigate the effects of predictors at all levels of the hierarchy.

Researchers are often interested in estimating interactions in multilevel models, but many researchers assume that the same procedures and interpretations for interactions in single-level models apply to multilevel models. However, estimating interactions in multilevel models requires additional considerations not relevant to single-level models. Because level-1 predictors in two-level models potentially have variability at both levels of the hierarchy, interactions involving at least one level-1 predictor are composites of two or more specific interaction effects. The purpose of this Master's thesis is to investigate the causes and implications of specific interaction effects embedded in total cross-level and level-1 interaction effects, describe the impact of centering, and provide recommendations for analyzing and interpreting total level-1 interaction effects in multilevel models.

## Partitioning Variance in Multilevel Models

In two-level models, we partition the outcome variable into two orthogonal sources of variability: level-1 and level-2. Level-2 variability refers to cluster mean differences on the outcome variable and level-1 variability refers to within-cluster differences on the outcome variable. For example, consider a chronic pain study in which daily observations (level 1) are nested within participants (level 2). Suppose that the researchers are interested in predicting participants' daily affect ratings. Level-2 variability refers to participant-to-participant differences in average affect levels (i.e., some participants have higher average affect levels than others), and level-1 variability refers to day-to-day fluctuations around participants' average affect levels (i.e., participants' affect ratings may be higher or lower than their average affect levels from day-to-day). The unconditional model with no predictors is

$$Y_{ij} = \gamma_{00} + u_{0j} + \varepsilon_{ij} \quad (1)$$

where  $\gamma_{00}$  is the weighted grand mean,  $u_{0j}$  is a residual that represents cluster mean differences on the outcome variable, and  $\varepsilon_{ij}$  is a residual that represents differences between scores and their cluster-specific means. The notational system I adopt throughout this Master's thesis is largely consistent with that of Raudenbush and Bryk (2002), though I use a combined form (with one equation) rather than a hierarchical form

(p. 35).<sup>1</sup> In the example above,  $\gamma_{00}$  is the weighted grand mean across participants,  $u_{0j}$  represents the difference between participant  $j$ 's average affect level and the weighted grand mean, and  $\varepsilon_{ij}$  represents the difference between participant  $j$ 's affect rating on day  $i$  and his/her average affect level. Rather than estimating the unit-specific residuals,  $u_{0j}$  and  $\varepsilon_{ij}$ , we assume they are normally distributed with mean zero and estimate their variances,  $\sigma_{u_{0j}}^2$  and  $\sigma_{\varepsilon}^2$ , respectively.

Predictors can be measured at all levels of the hierarchy. Level-1 predictors are measured at the lowest level of the hierarchy, level 1, whereas level-2 predictors are measured at the next highest level of the hierarchy, level 2. Adding a level-1 predictor  $X_{ij}$  to Equation 1 yields

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + u_{0j} + \varepsilon_{ij} \quad (2)$$

where  $\gamma_{10}$  is the level-1 regression coefficient,  $u_{0j}$  is a residual that represents cluster mean differences on the outcome variable that remain after accounting for the level-1 predictor  $X_{ij}$ , and  $\varepsilon_{ij}$  is a residual that represents differences between scores and their cluster-specific means that remain after accounting for the level-1 predictor  $X_{ij}$ . In two-level models, level-1 predictors potentially have two sources of variability: level-1 and level-2. In the chronic pain study, suppose that the researchers want to predict daily affect ratings from daily sleep ratings. Daily sleep ratings are measured at level 1 (day

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<sup>1</sup> Contrary to Raudenbush and Bryk (2002), I use  $\varepsilon_{ij}$  and  $\sigma_{\varepsilon}^2$  (rather than  $r_{ij}$  and  $\sigma^2$ ) to represent the level-1 residual and its variance and I use  $\sigma_{u_{0j}}^2$ ,  $\sigma_{u_{1j}}^2$ , etc. (rather than  $\tau_{00}$ ,  $\tau_{11}$ , etc.) to represent the level-2 (residual) variances.



level), so they potentially have day-level and participant-level variability. Participant-level variability refers to participant-to-participant differences in average sleep levels (i.e., some participants have higher average sleep levels than others), and day-level variability refers to day-to-day fluctuations around participants' average sleep levels (i.e., participants' sleep ratings may be higher or lower from day-to-day than their average sleep levels).

The sources of variability in a predictor determine which associations are estimable. Because level-1 predictors potentially have level-1 and level-2 variability, they can have within-cluster and/or between-cluster associations with the outcome variable. In the previous example, a within-cluster association between daily sleep ratings and daily affect ratings means that day-to-day fluctuations around a participant's average sleep level predict day-to-day fluctuations around his/her average affect level. A between-cluster association between daily sleep ratings and daily affect ratings means that a participant's average sleep level predicts his/her average affect level. Because we are representing both the within-cluster and between-cluster associations with one level-1 regression coefficient  $\gamma_{10}$  in Equation 2, we assume that the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable are equal. If this assumption does not hold (i.e., there is a contextual effect), the level-1 regression coefficient  $\gamma_{10}$  is difficult to interpret (Raudenbush, 1989a; Hofmann & Gavin, 1998; Raudenbush & Bryk, 2002). The level-1 regression coefficient  $\gamma_{10}$  is actually a weighted average of the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable. Duncan, Cuzzort, and Duncan (1961) provided the following equation:

$$b_T = \eta_X^2 b_B + (1 - \eta_X^2) b_W \quad (3)$$

where  $b_T$  is the level-1 regression coefficient (i.e.,  $\gamma_{10}$  in Equation 2),  $b_B$  is the between-cluster association between the level-1 predictor and the outcome variable,  $b_W$  is the within-cluster association between the level-1 predictor and the outcome variable, and  $\eta_X^2$  is the ratio of the between-cluster sum of squares on the level-1 predictor to the total sum of squares on the level-1 predictor. The derivations corresponding to Equation 3 are shown in Appendix B. Based on Equation 3, the level-1 regression coefficient  $\gamma_{10}$  in Equation 2 unambiguously estimates a level-specific association if (1) the within-cluster and between-cluster associations are equal, (2) there is no variability at level 2 (i.e.,  $\eta_X^2 = 0$ ), or (3) there is no variability at level 1 (i.e.,  $\eta_X^2 = 1$ ).

Because level-2 predictors have only level-2 variability, they can have between-cluster, but not within-cluster, associations with the outcome variable. A level-2 regression coefficient describes the between-cluster association between the level-2 predictor and the outcome variable; it is unambiguously interpreted as a between-cluster association. For example, suppose that the researchers want to predict daily affect ratings from history of depression. Participants report their history of depression once, not daily, so it is measured at level 2 (participant level). A between-cluster association between history of depression and daily affect ratings means that a participant's history of depression predicts his/her average affect level.

## Centering in Multilevel Models

As in single-level models, centering can be used in multilevel models to establish an interpretable zero point on measures that otherwise lack one (e.g., 1 to 7 Likert scale). In single-level models, centering does not affect the regression slopes unless higher-order effects (e.g., interaction effects, quadratic effects) are introduced (Aiken & West, 1991). By contrast, centering often affects the parameter estimates and their interpretations in multilevel models. Furthermore, we can use centering to isolate the associations of interest discussed in the previous section.

Similar to the centering options for predictors in single-level models, there are two centering options for level-2 predictors in two-level models: raw score scaling (RAS) and grand mean centering (CGM). There are three centering options for level-1 predictors in two-level models: RAS, CGM, and centering within context (CWC; also referred to as centering within clusters or group mean centering). This notation comes from Kreft, de Leeuw, and Aiken (1995), which is the seminal work on centering in multilevel models. Another centering option for level-1 or level-2 predictors is to center scores around a meaningful constant (e.g., centering time at the first or last time point), but I do not discuss this centering option because it has the same properties as RAS and CGM.

RAS refers to leaving the predictor uncentered. CGM deviates scores around the grand mean. Applying CGM to a level-1 predictor results in the following equation:

$$X_{\text{CGM}} = X_{ij} - \bar{X} \quad (4)$$

where  $X_{ij}$  is the level-1 predictor score for case  $i$  in cluster  $j$  and  $\bar{X}$  is the grand mean.

Because CGM deviates scores around the same constant, it preserves level-1 and level-2 variability in the level-1 predictor. Thus, consistent with the discussion in the previous section, level-1 predictors can have within-cluster and/or between-cluster associations with the outcome variable after CGM. CWC is also referred to as centering within clusters or group mean centering because it deviates scores around their cluster-specific means. CWC results in the following equation:

$$X_{CWC} = X_{ij} - \bar{X}_j \quad (5)$$

where  $\bar{X}_j$  is the mean  $X$  score in cluster  $j$ . After subtracting the cluster-specific means from the scores, all the clusters have a mean of zero after centering. As such, there is no variability in the cluster means of the centered scores (i.e., there is no level-2 variability) after CWC. Thus, unlike RAS and CGM, applying CWC yields level-1 predictors with only level-1 variability. Because level-1 predictors in two-level models have only level-1 variability after CWC, they can have within-cluster, but not between-cluster, associations with the outcome variable. Again, consider the effect of daily sleep ratings on daily affect ratings. CGM preserves day-level and participant-level variability in daily sleep ratings, so it can have within-cluster and/or between-cluster associations with daily affect ratings. After CWC, daily sleep ratings has only day-level variability, so it can have within-cluster, but not between-cluster, associations with daily affect ratings. Thus, a participant's average sleep level can no longer predict his/her average affect level.

Much of the existing research on centering investigates centering in contextual effect models (Blalock, 1984; Raudenbush, 1989a; Raudenbush, 1989b; Kreft et al., 1995; Hofmann & Gavin, 1998). As noted previously, a contextual effect occurs when the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable differ in magnitude and/or sign. For example, Simons, Wills, and Neal (2014) collected data from 263 college students across 49 days (over a 1.3-year span) to investigate how affective functioning influences likelihood of drinking alcohol, quantity of alcohol consumed on drinking days, and dependence symptoms. State negative affect (i.e., day-to-day fluctuations around participants' average negative affect levels) predicted higher alcohol consumption on drinking days, but trait negative affect did not predict mean alcohol consumption on drinking days (i.e., there was a contextual effect). As another example of a contextual effect, state negative affect did not predict likelihood of drinking alcohol on a given day, but trait negative affect predicted a higher proportion of drinking days (Simons, Wills, and Neals, 2014). Introducing the cluster means of the level-1 predictor as a level-2 predictor in the model allows for a contextual effect. Extending Equation 2 into a contextual effect model yields

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{01}\bar{X}_j + u_{0j} + \varepsilon_{ij} \quad (6)$$

where  $\bar{X}_j$  denotes the cluster means for the level-1 predictor  $X_{ij}$  and  $\gamma_{01}$  is the regression coefficient for the cluster means.

Kreft et al. (1995) derived equivalencies and non-equivalencies between RAS, CGM, and CWC for two models: (1) a random intercept model with one level-1 predictor

(i.e., Equation 2) and (2) a random intercept model with one level-1 predictor and the cluster means to account for a contextual effect (i.e., Equation 6). Although Kreft et al. (1995) referred to the three random intercept models as RAS<sub>1</sub>, CGM<sub>1</sub>, and CWC<sub>1</sub> and the three contextual effect models as RAS<sub>2</sub>, CGM<sub>2</sub>, and CWC<sub>2</sub>, here I generically use RAS, CGM, and CWC to refer to these models. Kreft et al. (1995) defined equivalence as having the same expectancies and dispersions (and by extension, the same model fit). They concluded that RAS and CGM, but not CWC, are equivalent for the random intercept model with one level-1 predictor (i.e., Equation 2).

For the random intercept model with one level-1 predictor and the cluster means (i.e., Equation 6), RAS, CGM, and CWC are equivalent. Kreft et al. (1995) provided the following equivalencies between CGM and CWC:

$$\gamma_{00}^{CWC} = \gamma_{00}^{CGM} - \gamma_{10}^{CGM} \bar{X} \quad (7)$$

$$\gamma_{10}^{CWC} = \gamma_{10}^{CGM} \quad (8)$$

$$\gamma_{01}^{CWC} - \gamma_{10}^{CWC} = \gamma_{01}^{CGM} \quad (9)$$

where the superscripts denote whether the parameters are CGM or CWC. Furthermore, the residuals from Equation 6 have equivalent variances with CGM and CWC. Kreft et al. (1995) assumed that the cluster means in Equation 6 are RAS. When the cluster means are centered at the grand mean (as I assume here),  $\gamma_{00}^{CWC} = \gamma_{00}^{CGM}$ .

However, centering changes the interpretation of the regression coefficients in Equation 6 (Raudenbush, 1989a; Kreft et al., 1995). With RAS and CGM, the level-1 predictor  $X_{ij}$  and the cluster means  $\bar{X}_j$  are correlated. Applying this to Equation 6,  $\gamma_{10}$  is

a partial regression coefficient that quantifies the within-cluster association and  $\gamma_{01}$  is a partial regression coefficient that quantifies the differential influence of the cluster means (i.e., the contextual effect). The sum of  $\gamma_{10}$  and  $\gamma_{01}$  equals the between-cluster association. With CWC, the level-1 predictor  $X_{ij}$  and the cluster means  $\bar{X}_j$  are uncorrelated. Applying this to Equation 6,  $\gamma_{10}$  quantifies the within-cluster association and  $\gamma_{01}$  quantifies the between-cluster association. The difference between  $\gamma_{01}$  and  $\gamma_{10}$  equals the contextual effect.

Extending Equation 6 into a random slope model yields

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{01}\bar{X}_j + u_{0j} + u_{1j}X_{ij} + \varepsilon_{ij} \quad (10)$$

where  $u_{1j}$  is a residual that allows the effect of the level-1 predictor  $X_{ij}$  to differ across clusters. Again, rather than estimating the unit-specific residuals,  $u_{1j}$ , we assume they are normally distributed with mean zero and estimate their variance,  $\sigma_{u_{1j}}^2$ .

### **Substantive Considerations**

Kreft et al. (1995) advised researchers to choose a centering method based on theory. Although they did not explicitly address centering, Klein, Dansereau, and Hall (1994) agreed, saying “Too often, levels issues are considered the domain of statisticians. We have tried to show that they are not; first and foremost, levels issues are the domain of theorists” (p. 224). In two-level models, Klein et al. (1994) defined predictors as either cluster-independent or cluster-dependent constructs. For cluster-independent constructs, the interpretation of scores does not depend on other cases within the same

cluster. Two cases with the same raw score on the level-1 predictor would have the same expected score on the outcome variable, regardless of cluster membership. Only a case's absolute standing matters. CGM is appropriate for cluster-independent constructs because it preserves absolute score differences across clusters. For cluster-dependent constructs, the interpretation of scores depends on other cases within the same cluster. Two cases from different clusters could share the same raw score on the level-1 predictor but have different expected scores on the outcome variable. A case's standing relative to other cases within the same cluster matters, which is commonly referred to as a frog pond effect (Davis, 1966; Marsh & Parker, 1984). CWC is appropriate for cluster-dependent constructs because deviations from the cluster-specific means reflect within-cluster standing on the level-1 predictor.

For example, consider the effect of daily sleep ratings on daily affect ratings. A cluster-independent construct definition of sleep posits that a participant's absolute sleep rating matters. Two participants who slept for seven hours would have the same expected daily affect rating, regardless of how much they usually sleep. A cluster-dependent construct definition of sleep posits that whether a participant sleeps more or less than he/she usually does matters. Sleeping for seven hours may have a different effect on daily affect ratings for a participant who usually sleeps for six hours than for a participant who usually sleeps for nine hours. As another example, consider the effect of workload on psychological well-being in a sample of employees nested within workgroups. A cluster-independent construct definition of workload posits that an employee's absolute workload matters. Two employees with the same workload would have the same expected psychological well-being, regardless of the average workload in



their workgroup. A cluster-dependent construct definition of workload posits that whether an employee works more or less than the rest of his/her workgroup matters. Working 45 hours per week may have a different effect on psychological well-being for an employee whose workgroup works an average of 40 hours per week than for an employee whose workgroup works an average of 50 hours per week. Thus, researchers must decide which is more important: a case's absolute score or score relative to its cluster mean. Based on this decision, they should use CGM or CWC, respectively.

### **Interaction Effects**

Psychological researchers are often interested in estimating interaction effects in multilevel models. An informal search of American Psychological Association (APA) journals revealed applications appearing in *Health Psychology* (Parsons, Rosof, & Mustanski, 2008; Gubbels et al., 2011), *Psychology of Addictive Behaviors* (Patrick & Maggs, 2009), *Journal of Abnormal Psychology* (Wichers et al., 2008), *Journal of Consulting and Clinical Psychology* (Bryan et al., 2012; Olthuis, Watt, Mackinnon, & Stewart, 2014; Eddington, Silvia, Foxworth, Hoet, & Kwapil, 2015), *Journal of Family Psychology* (Jenkins, Dunn, O'Connor, Rasbash, & Behnke, 2005), *Emotion* (O'Hara, Armeli, Boynton, & Tennen, 2014), *Journal of Personality and Social Psychology* (Gleason, Iida, Shrout, & Bolger, 2008), *Journal of Applied Psychology* (Zohar & Luria, 2005; Bledow, Schmitt, Frese, & Kühnel, 2011), *Journal of Educational Psychology* (de Boer, Bosker, & van der Werf, 2010), and *Psychology and Aging* (Savla et al., 2013), to name a few. There are three types of interactions in two-level models: level-1 interactions, cross-level interactions, and level-2 interactions. A level-1 interaction is an interaction between two level-1 predictors. For example, de Boer et al. (2010) found that

achievement in primary school, IQ, socioeconomic status, parents' aspirations, and grade repetition in primary school (level 1) moderated the effect of teacher expectation bias (level 1) on student achievement in secondary school (level 1). A cross-level interaction is an interaction between a level-1 predictor and a level-2 predictor. For example, Parsons et al. (2008) found that beliefs about the importance of medication adherence (level 2) moderated the effect of alcohol consumption (level 1) on medication adherence (level 1) in a sample of HIV-positive men and women. Alcohol use and alcohol-related problems (level 2) also moderated the effect of alcohol consumption (level 1) on medication adherence (level 1). Finally, a level-2 interaction is an interaction between two level-2 predictors. In this Master's thesis, I focus on interactions involving level-1 predictors because analyzing level-2 interactions requires the same procedures as in ordinary least squares (OLS) regression analysis (Aiken & West, 1991).

A cross-level interaction between a level-1 predictor  $X_{ij}$  and a level-2 predictor  $W_j$  yields

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{01}W_j + \gamma_{11}X_{ij}W_j + u_{0j} + u_{1j}X_{ij} + \varepsilon_{ij} \quad (11)$$

where  $\gamma_{10}$  is the conditional effect of the level-1 predictor  $X_{ij}$ ,  $\gamma_{01}$  is the conditional effect of the level-2 predictor  $W_j$ ,  $X_{ij}W_j$  is the product term,  $\gamma_{11}$  is the regression coefficient for the cross-level interaction, and  $u_{1j}$  is a residual that allows the effect of the level-1 predictor  $X_{ij}$  to differ across clusters. With RAS or CGM, a cross-level interaction potentially yields a composite product term  $X_{ij}W_j$  with two sources of

variability (Hofmann & Gavin, 1998; Enders & Tofighi, 2007; Enders, 2013). To see these sources of variability, consider the following expansion of the cross-level interaction in Equation 11 using CGM:

$$(X_{ij} - \bar{X})W_j = [(X_{ij} - \bar{X}_j) + (\bar{X}_j - \bar{X})]W_j = (X_{ij} - \bar{X}_j)W_j + (\bar{X}_j - \bar{X})W_j \quad (12)$$

where  $(X_{ij} - \bar{X}_j)$  is within-cluster variability in the level-1 predictor  $X_{ij}$  and  $(\bar{X}_j - \bar{X})$  is between-cluster variability in the level-1 predictor  $X_{ij}$ . As shown in Equation 12, the product term in Equation 11 is a composite of the specific cross-level interaction  $(X_{ij} - \bar{X}_j)W_j$  and the specific between-cluster interaction  $(\bar{X}_j - \bar{X})W_j$ . Here I refer to  $(X_{ij} - \bar{X}_j)W_j$  and  $(\bar{X}_j - \bar{X})W_j$  as specific interaction effects to convey that they are embedded within  $(X_{ij} - \bar{X})W_j$ , which could be viewed as the total cross-level interaction effect. This terminology corresponds to terminology used in the mediation and structural equation modeling literature to discuss specific indirect effects, which comprise the total indirect effect. In Equation 12, the specific cross-level interaction  $(X_{ij} - \bar{X}_j)W_j$  refers to the moderating influence of  $W$  on the within-cluster association between  $X$  and  $Y$ , and the specific between-cluster interaction  $(\bar{X}_j - \bar{X})W_j$  refers to the moderating influence of  $W$  on the between-cluster association between  $X$  and  $Y$ . Recall that a similar issue arose in Equation 2 where the level-1 regression coefficient  $\gamma_{10}$  was a weighted average of the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable. Likewise, the regression coefficient for the total cross-level interaction effect  $\gamma_{11}$  in Equation 11 is a composite of two specific interaction effects (Hofmann &

Gavin, 1998). As such, Hofmann and Gavin (1998) demonstrated that a nonzero specific between-cluster interaction can result in a significant total cross-level interaction effect, even when no specific cross-level interaction effect exists.

The potential for specific interaction effects is even more evident with level-1 interactions. A level-1 interaction between two level-1 predictors  $X_{ij}$  and  $Z_{ij}$  yields

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{20}Z_{ij} + \gamma_{30}X_{ij}Z_{ij} + u_{0j} + u_{1j}X_{ij} + u_{2j}Z_{ij} + u_{3j}X_{ij}Z_{ij} + \varepsilon_{ij} \quad (13)$$

where  $X_{ij}Z_{ij}$  is the product term,  $\gamma_{30}$  is the regression coefficient for the level-1 interaction,  $u_{1j}$  is a residual that allows the effect of the level-1 predictor  $X_{ij}$  to differ across clusters,  $u_{2j}$  is a residual that allows the effect of the level-1 predictor  $Z_{ij}$  to differ across clusters, and  $u_{3j}$  is a residual that allows the effect of the level-1 interaction  $X_{ij}Z_{ij}$  to differ across clusters. As before, rather than estimating the unit-specific residuals  $u_{1j}$ ,  $u_{2j}$ , and  $u_{3j}$ , we assume they are normally distributed with mean zero and estimate their variances and covariances.

Extending the logic of Equation 12, with RAS or CGM, a level-1 interaction potentially yields a composite product term  $X_{ij}Z_{ij}$  with four sources of variability (Enders & Tofighi, 2007; Enders, 2013). To see the potential for specific interaction effects, consider the following expansion of the level-1 interaction in Equation 13 using CGM:

$$\begin{aligned}
(X_{ij} - \bar{X})(Z_{ij} - \bar{Z}) &= [(X_{ij} - \bar{X}_j) + (\bar{X}_j - \bar{X})][(Z_{ij} - \bar{Z}_j) + (\bar{Z}_j - \bar{Z})] \\
&= (X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j) + (X_{ij} - \bar{X}_j)(\bar{Z}_j - \bar{Z}) \\
&\quad + (\bar{X}_j - \bar{X})(Z_{ij} - \bar{Z}_j) + (\bar{X}_j - \bar{X})(\bar{Z}_j - \bar{Z})
\end{aligned} \tag{14}$$

where  $(Z_{ij} - \bar{Z}_j)$  is within-cluster variability in the level-1 predictor  $Z_{ij}$  and  $(\bar{Z}_j - \bar{Z})$  is between-cluster variability in the level-1 predictor  $Z_{ij}$ . As shown in Equation 14, the product term in Equation 13 is a composite of the specific within-cluster interaction  $(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j)$ , the specific cross-level interaction  $(X_{ij} - \bar{X}_j)(\bar{Z}_j - \bar{Z})$ , the specific cross-level interaction  $(\bar{X}_j - \bar{X})(Z_{ij} - \bar{Z}_j)$ , and the specific between-cluster interaction  $(\bar{X}_j - \bar{X})(\bar{Z}_j - \bar{Z})$ . The specific within-cluster interaction  $(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j)$  refers to the moderating influence of the within-cluster portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ .<sup>2</sup> The specific cross-level interaction  $(X_{ij} - \bar{X}_j)(\bar{Z}_j - \bar{Z})$  refers to the moderating influence of the between-cluster portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ . The specific cross-level interaction  $(\bar{X}_j - \bar{X})(Z_{ij} - \bar{Z}_j)$  refers to the moderating influence of the within-cluster portion of  $Z$  on the between-cluster association between  $X$  and  $Y$ . Finally, the specific between-cluster interaction  $(\bar{X}_j - \bar{X})(\bar{Z}_j - \bar{Z})$  refers to the moderating influence of the between-cluster portion of  $Z$  on the between-cluster association between  $X$  and  $Y$ . Thus,  $\gamma_{30}$  in Equation 13 is

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<sup>2</sup> I use the term “total level-1 interaction effect” to refer to the product of two level-1 predictors and the term “specific within-cluster interaction effect” to refer to the first component of the total level-1 interaction effect. Similar to how a level-1 variable may contain within-cluster and/or between-cluster variability, a total level-1 interaction effect may contain within-cluster and/or between cluster variability. By contrast, the specific within-cluster interaction effect contains within-cluster variability but no between-cluster variability.

potentially a composite of four specific interaction effects. I demonstrate this potential for specific interaction effects later in this Master's thesis.

### **Centering Interaction Effects**

Recall that when we represent the association between an RAS or CGM level-1 predictor and the outcome variable with one level-1 regression coefficient (i.e.,  $\gamma_{10}$  in Equation 2), we assume that the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable are equal (i.e., there is no contextual effect). When this assumption does not hold, we can allow for a contextual effect by introducing the cluster means of the level-1 predictor as a level-2 predictor to the model (see Equation 6). A cross-level or level-1 interaction with unequal specific interaction effects is analogous to a contextual effect. When we represent a cross-level interaction with one regression coefficient (i.e.,  $\gamma_{11}$  in Equation 11), we assume that the specific cross-level interaction  $(X_{ij} - \bar{X}_j)W_j$  and the specific between-cluster interaction  $(\bar{X}_j - \bar{X})W_j$  are equal. Similarly, when we represent a level-1 interaction with one regression coefficient (i.e.,  $\gamma_{30}$  in Equation 13), we assume that the specific within-cluster interaction  $(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j)$ , the specific cross-level interaction  $(X_{ij} - \bar{X}_j)(\bar{Z}_j - \bar{Z})$ , the specific cross-level interaction  $(\bar{X}_j - \bar{X})(Z_{ij} - \bar{Z}_j)$ , and the specific between-cluster interaction  $(\bar{X}_j - \bar{X})(\bar{Z}_j - \bar{Z})$  are equal. As with contextual effects, we can address specific interaction effects by centering and/or including additional product terms in the model.

Raudenbush (1989a, 1989b) and Hofmann and Gavin (1998) recommended applying CWC to the level-1 predictor when estimating a cross-level interaction to

remove the specific between-cluster interaction. Recall that level-1 predictors do not have level-2 variability after CWC, so  $(\bar{X}_j - \bar{X}) = 0$  in Equations 12 and 14 and  $(\bar{Z}_j - \bar{Z}) = 0$  in Equation 14. As such, Equation 12 reduces to  $(X_{ij} - \bar{X}_j)W_j$  and Equation 14 reduces to  $(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j)$  when the level-1 predictors are centered at the cluster means. Thus,  $\gamma_{11}$  in Equation 11 only reflects the specific cross-level interaction  $(X_{ij} - \bar{X}_j)W_j$  and  $\gamma_{30}$  in Equation 13 only reflects the specific within-cluster interaction  $(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j)$ . This strategy presumes that the research question requires a frog pond effect and that the other specific interaction effects are not of interest. When the latter presumption does not hold, Raudenbush (1989a, 1989b) and Hofmann and Gavin (1998) recommended using the following equation to allow for a contextual effect and a between-cluster interaction:

$$Y_{ij} = \gamma_{00} + \gamma_{10}(X_{ij} - \bar{X}_j) + \gamma_{01}\bar{X}_j + \gamma_{02}W_j + \gamma_{03}\bar{X}_jW_j + \gamma_{11}(X_{ij} - \bar{X}_j)W_j + u_{0j} + u_{1j}X_{ij} + \varepsilon_{ij} \quad (15)$$

where  $\gamma_{03}$  is the regression coefficient for the specific between-cluster interaction effect and  $\gamma_{11}$  is the regression coefficient for the specific cross-level interaction effect. Estimating the specific interaction effects with Equation 15 is analogous to addressing a contextual effect with Equation 6. Including the second product term in Equation 15 allows the specific cross-level interaction effect  $(X_{ij} - \bar{X}_j)W_j$  and the specific between-cluster interaction effect  $(\bar{X}_j - \bar{X})W_j$  to differ.

Recall that we could use either CGM or CWC for the contextual effect model in Equation 6 because they are equivalent. Similarly, Enders and Tofighi (2007) generalized Equation 15 so that we can apply CGM or CWC to the level-1 predictor  $X_{ij}$ :

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{01}\bar{X}_j + \gamma_{02}W_j + \gamma_{03}\bar{X}_jW_j + \gamma_{11}X_{ij}W_j + u_{0j} + u_{1j}X_{ij} + \varepsilon_{ij}. \quad (16)$$

Enders and Tofighi (2007) demonstrated that CGM and CWC provide equivalent fixed effects as follows:

$$\gamma_{00}^{CWC} = \gamma_{00}^{CGM} - \gamma_{10}^{CGM}\bar{X} \quad (17)$$

$$\gamma_{01}^{CWC} - \gamma_{10}^{CWC} = \gamma_{01}^{CGM} \quad (18)$$

$$\gamma_{02}^{CWC} = \gamma_{02}^{CGM} - \gamma_{11}^{CGM}\bar{X} \quad (19)$$

$$\gamma_{03}^{CWC} - \gamma_{11}^{CWC} = \gamma_{03}^{CGM} \quad (20)$$

$$\gamma_{10}^{CWC} = \gamma_{10}^{CGM} \quad (21)$$

$$\gamma_{11}^{CWC} = \gamma_{11}^{CGM}. \quad (22)$$

As with the contextual effect model in Equation 6, centering changes the interpretation of the regression coefficients in Equation 16 (Enders & Tofighi, 2007). Because  $X_{ij}$  and  $\bar{X}_j$  are correlated when we apply CGM,  $\gamma_{11}$  quantifies the specific cross-level interaction effect and  $\gamma_{03}$  quantifies the differential influence of the specific between-cluster interaction effect (i.e., the additional moderating effect of the level-2 variable on the



level-1 variable's cluster means). Because  $X_{ij}$  and  $\bar{X}_j$  are uncorrelated when we apply CWC,  $\gamma_{11}$  quantifies the specific cross-level interaction effect and  $\gamma_{03}$  quantifies the specific between-cluster interaction effect. These types of equivalencies between CGM and CWC have not been examined for level-1 interactions. Deriving these equivalencies is one of the goals of this Master's thesis.

### **Purpose**

As noted previously, researchers across many fields of psychology have examined interaction effects in multilevel models (e.g., Parsons et al., 2008; Gubbels et al., 2011; Patrick & Maggs, 2009; Wichers et al., 2008; Bryan et al., 2012; Olthuis et al., 2014; Eddington et al., 2015; Jenkins et al., 2005; O'Hara et al., 2014; Gleason et al., 2008; Zohar & Luria, 2005; Bledow et al., 2011; de Boer et al., 2010; Savla et al., 2013). Such widespread interest warrants further research on estimating and interpreting moderation effects in multilevel models. Cronbach and Webb first raised the impact of centering on cross-level interactions in 1975, and since then, methodologists have provided further recommendations for estimating and interpreting cross-level interactions while applying either CWC or CGM to the level-1 predictor (Hofmann & Gavin, 1998; Enders & Tofighi, 2007). Although Raudenbush (1989b), Hofmann and Gavin (1998), and Enders and Tofighi (2007) described how to use two product terms to investigate the specific cross-level interaction effect and the specific between-cluster interaction effect, my informal review of APA journals suggests that using one product term to represent a cross-level interaction is the norm. Some researchers applied RAS or CGM to the level-1 predictor (e.g., Parsons et al., 2008), but I predominantly found examples of researchers applying CWC (e.g., Bledow et al., 2011; O'Hara et al., 2014; Patrick & Maggs, 2009).

Although group mean centering the level-1 predictor may be justifiable based on theory, researchers should be aware that doing so is not necessary.<sup>3</sup>

Similarly, when providing recommendations for probing cross-level interactions, methodologists used a model consistent with Equation 11, which contains one product term (Tate, 2004; Bauer & Curran, 2005; Curran, Bauer, & Willoughby, 2006; Preacher, Curran, & Bauer, 2006). If the level-1 predictor involved in the cross-level interaction is uncentered or grand mean centered (e.g., empirical example starting on page 81 of Tate, 2004; cross-level interaction between student-level aptitude and school-level consistency with statewide recommended curriculum objectives, which are both grand mean centered), using one product term assumes that the specific cross-level interaction effect and specific between-cluster interaction effect are equal in magnitude and sign and can thus be adequately represented by one regression coefficient ( $\gamma_{11}$  in Equation 11). If the level-1 predictor involved in the cross-level interaction is group mean centered (e.g., empirical example starting on page 392 of Bauer & Curran, 2005; cross-level interaction between student-level socioeconomic status, which was group mean centered, and school sector), using one product term assumes that the research question requires a frog pond effect and that the specific between-cluster interaction effect is not of interest. In this Master's thesis, I urge researchers to be more cognizant of the sources of variability present in cross-level and level-1 interactions. Readers should refer to Enders and

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<sup>3</sup> For example, Aguinis et al. (2013) stated that “Enders and Tofighi (2007) argued that if a researcher uses [CGM] for the [level-1] predictor, it is not possible to make an accurate, or even meaningful, interpretation of the cross-level interaction” (p. 1512). Enders and Tofighi (2007) argued the opposite; they stated that both CWC and CGM can be used to appropriately distinguish between the specific interaction effects embedded in a total cross-level or level-1 interaction effect.

Tofighi (2007) for recommendations on estimating cross-level interactions while applying either CGM or CWC to the level-1 predictor.

For this Master's thesis, I focus on level-1 interactions. In his multilevel modeling chapter in the *APA Handbook of Research Methods in Psychology*, Nezlek (2012) noted that level-1 interactions have received very little attention in the methodological literature. As such, the goals of this Master's thesis are to use simulations to demonstrate why researchers should be aware of the four sources of variability present in a level-1 interaction, investigate equivalencies across CGM and CWC, explain how centering affects the fixed effect interpretations, and provide recommendations to researchers interested in estimating level-1 interactions in two-level models.

The organization of this Master's thesis is as follows. First I use simulations to demonstrate that ignoring the four sources of variability in a level-1 interaction can lead to erroneous conclusions. Next I derive equivalencies between CGM and CWC for a model that uses four product terms to represent the specific interaction effects. I then describe how the interpretations of the fixed effects change under these two centering methods. Finally, I provide an empirical example using diary data collected from working adults with chronic pain.

### **Simulation Method**

Hofmann and Gavin (1998) used simulations to demonstrate that a nonzero specific between-cluster interaction effect can result in a significant total cross-level interaction effect, even when no specific cross-level interaction effect exists. To extend this work, I performed simulations to demonstrate that a nonzero specific between-cluster

interaction effect or nonzero specific cross-level interaction effect(s) can result in a significant total level-1 interaction effect, even when no specific within-cluster interaction effect exists. These simulations, while demonstrating a predictable phenomenon, emphasize the importance of considering and testing for specific interaction effects, particularly when substantive theory is vague with regard to level issues. Although it is unclear how often these configurations of specific interaction effects might occur in practice, the simulation results indicate that researchers may be misinterpreting total level-1 interaction effects.

### **Population Model and Manipulated Factor**

The population model used to generate the data for the simulations is an extension of Equation 13 that includes three additional product terms for the specific between-cluster interaction and two specific cross-level interactions. This yields the following equation:

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{20}Z_{ij} + \gamma_{30}X_{ij}Z_{ij} + \gamma_{11}X_{ij}\bar{Z}_j + \gamma_{21}\bar{X}_jZ_{ij} + \gamma_{01}\bar{X}_j\bar{Z}_j + u_{0j} + u_{1j}X_{ij} + u_{2j}Z_{ij} + \varepsilon_{ij} \quad (23)$$

where  $\gamma_{30}$  is the regression coefficient for the specific within-cluster interaction,  $\gamma_{11}$  and  $\gamma_{21}$  are the regression coefficients for the specific cross-level interactions  $X_{ij}\bar{Z}_j$  and  $\bar{X}_jZ_{ij}$ , respectively, and  $\gamma_{01}$  is the regression coefficient for the specific between-cluster interaction.

Equation 13, which uses one product term, not four, to represent the level-1 interaction, was used to analyze the data. Using one product term to represent the level-1

interaction is consistent with what researchers apply in practice; through my informal review of APA journals, I found no examples that used more than one product term to represent a level-1 interaction. Recall that this product term is a composite of four sources of variability; further recall that the sign and magnitude of these specific interaction effects need not be the same (see Equation 14). To demonstrate that  $\gamma_{30}$  in Equation 13 could be significant due to a nonzero specific within-cluster interaction effect, nonzero specific cross-level interaction effect(s), and/or nonzero specific between-cluster interaction effect, I set these four specific interactions to be nonzero one at a time and looked at the proportion of replications where  $\gamma_{30}$  was significant. Thus, there were five conditions: (1) the specific within-cluster interaction effect was nonzero but the other specific interaction effects equaled zero, (2) the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  was nonzero but the other specific interaction effects equaled zero, (3) the specific cross-level interaction effect  $\bar{X}_jZ_{ij}$  was nonzero but the other specific interaction effects equaled zero, (4) the specific between-cluster interaction effect was nonzero but the other specific interaction effects equaled zero, and (5) all of the specific interaction effects equaled zero. Condition (5) was included to test the Type I error rate, which was set to  $\alpha = .05$ . The specific within-cluster interaction in condition (1) explained 16% of the level-1 variance  $\sigma_\varepsilon^2$ , the specific cross-level interaction  $X_{ij}\bar{Z}_j$  in condition (2) explained 16% of the level-1 predictor  $X_{ij}$ 's slope variance  $\sigma_{u_{1j}}^2$ , the specific cross-level interaction  $\bar{X}_jZ_{ij}$  in condition (3) explained 16% of the level-1 predictor  $Z_{ij}$ 's slope variance  $\sigma_{u_{2j}}^2$ , and the specific between-cluster interaction in condition (4) explained 16% of the variance in the level-2 intercept variance  $\sigma_{u_{0j}}^2$ . The equations used to derive the

population parameters that corresponded to 16% of the variance explained in each condition are in Appendix C. The population parameters for each condition are summarized in Table 1.

### **Data Generation**

I used the IML procedure in SAS 9.4 to generate 2000 data sets within each of the five conditions. I generated data for a balanced design with 50 clusters and 20 level-1 units per cluster. Such a design could arise from diary data with 50 participants and intensive measurements (i.e., 20 observations per participant). I set the number of clusters to 50 because Kreft and de Leeuw (1998) suggested that multilevel modeling requires 30 clusters at minimum, and Maas and Hox (2005) stated that collecting data from 50 clusters is typical in educational and organizational research. Maas and Hox (2005) also stated that a cluster size of 30 is typical in educational research, but smaller cluster sizes are typical in other fields of research. Thus, I set the cluster size to 20, which is consistent with the empirical example described later in this Master's thesis in which participants provided diary data across 21 days. Based on an unconditional model with no predictors, the level-1 variance  $\sigma_{\epsilon}^2$  and the level-2 intercept variance  $\sigma_{u_{0j}}^2$  were each set to 1. Thus, I assumed that 50% of the variability in the outcome variable was at level 2, which corresponds to an intraclass correlation (ICC) of .5. This ICC is about what we would expect when repeated measures are nested within participants (Spybrook, Bloom, Congdon, Hill, Martinez, & Raudenbush, 2011). As shown in Table 1, the grand means of the level-1 predictors  $X_{ij}$  and  $Z_{ij}$  were set to zero and the covariance was set to zero. Generating uncorrelated level-1 predictors minimized the correlations among the four product terms, which aided in isolating the impact of each specific interaction effect.

However, readers should note that the simulation conditions represent a special case, limiting the generalizability of the results. Because the level-1 predictors were generated to be normally distributed, the mean of the product term for the level-1 interaction equaled zero and the variance equaled 1.

To generate data for  $X_{ij}$  within each cluster, I randomly drew 20 values from a standard normal distribution and then subtracted the mean of these 20 values. Only within-cluster variability remained after deviating scores around their cluster-specific means (i.e., applying CWC). Next I randomly drew 50 values from a standard normal distribution to represent the 50 cluster means. I used the same procedure to generate data for  $Z_{ij}$ . I formed the specific within-cluster interaction by multiplying the within-cluster portions of  $X$  and  $Z$ , the specific cross-level interaction  $X_{ij}\bar{Z}_j$  by multiplying the within-cluster portion of  $X$  and the between-cluster portion of  $Z$ , the specific within-cluster interaction  $\bar{X}_jZ_{ij}$  by multiplying the between-cluster portion of  $X$  and the within-cluster portion of  $Z$ , and the specific between-cluster interaction by multiplying the between-cluster portions of  $X$  and  $Z$ . Data for  $Y_{ij}$  were generated according to Equation 23 by substituting the aforementioned scores and the regression coefficients from Table 1. The level-2 residuals  $u_{0j}$ ,  $u_{1j}$ , and  $u_{2j}$  in Equation 23 were generated by creating a 50-by-3 matrix whose elements were randomly drawn from a standard normal distribution and then multiplying it by the level-2 residual covariance matrix; for each condition, the level-2 residual covariance matrix was specified according to the values reported in Table 1. The level-1 residual  $\varepsilon_{ij}$  in Equation 23 was randomly drawn from a standard normal distribution. The simulation script is available upon request.

## Analysis and Outcomes

All analyses were performed using the MIXED procedure in SAS 9.4. The data from each condition and replication were analyzed according to Equation 13 using restricted maximum likelihood estimation. The covariance matrix for the random effects was specified as unstructured. Recall that the analysis model (Equation 13) only included one product term,  $X_{ij}Z_{ij}$ . The regression coefficient attached to this product term— $\gamma_{30}$ —was of primary interest. Within each design cell, I examined the number of converged solutions, mean estimate of  $\gamma_{30}$  across the 2000 replications, and percentage of replications that  $\gamma_{30}$  was significantly different from zero.  $\gamma_{30}$  was deemed significant if the  $p$ -value for a two-tailed  $t$ -test using Satterthwaite degrees of freedom was less than or equal to the nominal significance level of  $\alpha = .05$ .

For these simulations (and for the empirical example described later in this Master's thesis), I used what Lüdtke, Marsh, Robitzsch, and Trautwein (2011) referred to as a doubly manifest approach, which assumes no sampling or measurement error. Lüdtke et al. (2008) and Lüdtke et al. (2011) showed that the doubly manifest approach (referred to as the multilevel manifest covariate approach in Lüdtke et al., 2008) can provide biased contextual effect estimates and standard errors. For contextual effect models, Lüdtke et al. (2008) and Lüdtke et al. (2011) proposed latent covariate approaches that correct for sampling and/or measurement error. However, generalizing these latent covariate approaches to other models and testing their performance is beyond the scope of this Master's thesis.<sup>4</sup> These simulations serve to demonstrate that any one

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<sup>4</sup> Using the observed cluster means may not lead to substantial bias in the demonstrative simulations due to the very high ICC and relatively large cluster size. If we view the cluster means as reflective aggregations of level-1 constructs (i.e., members of a cluster rate a level-2 construct and, ideally, each member would



nonzero specific interaction can result in a significant total level-1 interaction effect—a property that would hold regardless of whether we correct for sampling and/or measurement error.

### Simulation Results

The number of converged solutions, mean estimate of  $\gamma_{30}$ , and percentage of significant  $\gamma_{30}$  by condition are reported in Table 2. When all of the specific interaction effects equaled zero, the mean estimate of  $\gamma_{30}$  was -0.002.  $\gamma_{30}$  was significant in 5.76% of the data sets, which is close to the nominal significance level of  $\alpha = .05$ .

When the specific within-cluster interaction effect was nonzero but the other specific interactions equaled zero, the mean estimate of  $\gamma_{30}$  was 0.268. However, the population parameter for the specific within-cluster interaction effect was 0.400. As discussed earlier, the total level-1 interaction effect is a composite of a specific within-cluster interaction effect, two specific cross-level interaction effects, and a specific between-cluster interaction effect. Because the two specific cross-level interaction effects and the specific between-cluster interaction effect equaled zero in this condition,  $\gamma_{30}$  is a weighted average of 0.400, 0, 0, and 0. As such, the level-1 interaction may not be significant, even when a specific within-cluster interaction effect exists. Despite this attenuation, when the specific within-cluster interaction effect was nonzero but the other interactions equaled zero,  $\gamma_{30}$  was significant in 99.95% of the data sets.

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assign the same rating; Lüdtke et al., 2008), we can estimate the reliability of the cluster means using the following formula from Snijders and Bosker (2012):

$$\text{L2 Reliability}(\bar{X}_j) = \frac{n_j \cdot \text{ICC}}{1 + (n_j - 1) \cdot \text{ICC}}$$

where  $n_j$  denotes the cluster size and ICC represents the reliability of a single member's rating. Notice that the formula above is the Spearman-Brown formula. Substituting the ICC (.5) and cluster size (20) from the simulated data yields a reliability of .9524.

When the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  was nonzero but the other specific interactions equaled zero, the mean estimate of  $\gamma_{30}$  was 0.048. However, the population parameter for the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  was 0.219. Because the specific within-cluster interaction effect, the specific cross-level interaction effect  $\bar{X}_jZ_{ij}$ , and the specific between-cluster interaction effect equaled zero in this condition,  $\gamma_{30}$  is a weighted average of 0, 0.400, 0, and 0. When the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  was nonzero but the other specific interactions equaled zero,  $\gamma_{30}$  was significant in 19.42% of the data sets. Similarly, when the specific cross-level interaction effect  $\bar{X}_jZ_{ij}$  was nonzero but the other specific interactions equaled zero, the mean estimate of  $\gamma_{30}$  was 0.049 and  $\gamma_{30}$  was significant in 19.97% of the data sets.

When the specific between-cluster interaction effect was nonzero but the other specific interactions equaled zero, the mean estimate of  $\gamma_{30}$  was -0.029. However, the population parameter for the specific between-cluster interaction effect was 0.400. Because the specific within-cluster interaction effect and the two specific cross-level interaction effects equaled zero in this condition,  $\gamma_{30}$  is a weighted average of 0, 0, 0, and 0.400. When the specific between-cluster interaction effect was nonzero but the other specific interactions equaled zero,  $\gamma_{30}$  was significant in 10.47% of the data sets. The results of this simulation study demonstrate that  $\gamma_{30}$  in Equation 13 could be significant due to a nonzero specific within-cluster interaction effect, nonzero specific cross-level interaction effect(s), and/or nonzero specific between-cluster interaction effect. Again, although it is unclear how often these configurations of specific interaction effects might occur in practice, the simulation results demonstrate that failing to test for specific

interaction effects can lead to erroneous conclusions about a total level-1 interaction effect.

### **Analytic Work**

Although Enders and Tofghi (2007) established the equivalence of CGM and CWC in models that address the two sources of variability in a total cross-level interaction effect, this work has not been extended to total level-1 interaction effects because currently no models exist for addressing the four sources of variability. I propose estimating a model that includes the cluster means for the level-1 predictors and three additional product terms for the specific between-cluster interaction effect and two specific cross-level interaction effects. This yields the following equation, which is an extension of Equation 23 that includes the cluster means for the level-1 predictors:

$$Y_{ij} = \gamma_{00} + \gamma_{10}X_{ij} + \gamma_{20}Z_{ij} + \gamma_{01}\bar{X}_j + \gamma_{02}\bar{Z}_j + \gamma_{30}X_{ij}Z_{ij} + \gamma_{11}X_{ij}\bar{Z}_j + \gamma_{21}\bar{X}_jZ_{ij} + \gamma_{03}\bar{X}_j\bar{Z}_j + [\text{random effects}]. \quad (24)$$

In Equation 24,  $X_{ij}Z_{ij}$  represents the specific within-cluster interaction,  $X_{ij}\bar{Z}_j$  and  $\bar{X}_jZ_{ij}$  represent the specific cross-level interactions, and  $\bar{X}_j\bar{Z}_j$  represents the specific between-cluster interaction. Using four product terms allows us to parse the total level-1 interaction effect into its four specific interaction effects. Either CGM or CWC may be applied to the two level-1 predictors,  $X_{ij}$  and  $Z_{ij}$ , in Equation 24. As such, the purpose of this section is to explore equivalencies across the two centering methods and ultimately understand how to interpret the fixed effects under CGM and CWC.

I investigated whether the fixed effects in Equation 24 are equivalent under CGM and CWC by following the procedure used in Kreft et al. (1995) and in Enders and Tofghi (2007). The CGM and CWC fixed effects are equivalent if the following equation is true:

$$\begin{aligned}
& \gamma_{00}^{\text{CGM}} + \gamma_{10}^{\text{CGM}}(X_{ij} - \bar{X}) + \gamma_{20}^{\text{CGM}}(Z_{ij} - \bar{Z}) + \gamma_{01}^{\text{CGM}}\bar{X}_j + \gamma_{02}^{\text{CGM}}\bar{Z}_j \\
& + \gamma_{30}^{\text{CGM}}(X_{ij} - \bar{X})(Z_{ij} - \bar{Z}) + \gamma_{11}^{\text{CGM}}(X_{ij} - \bar{X})\bar{Z}_j \\
& + \gamma_{21}^{\text{CGM}}\bar{X}_j(Z_{ij} - \bar{Z}) + \gamma_{03}^{\text{CGM}}\bar{X}_j\bar{Z}_j \\
& = \gamma_{00}^{\text{CWC}} + \gamma_{10}^{\text{CWC}}(X_{ij} - \bar{X}_j) + \gamma_{20}^{\text{CWC}}(Z_{ij} - \bar{Z}_j) + \gamma_{01}^{\text{CWC}}\bar{X}_j + \gamma_{02}^{\text{CWC}}\bar{Z}_j + \\
& \gamma_{30}^{\text{CWC}}(X_{ij} - \bar{X}_j)(Z_{ij} - \bar{Z}_j) + \gamma_{11}^{\text{CWC}}(X_{ij} - \bar{X}_j)\bar{Z}_j + \gamma_{21}^{\text{CWC}}\bar{X}_j(Z_{ij} - \bar{Z}_j) + \\
& \gamma_{03}^{\text{CWC}}\bar{X}_j\bar{Z}_j.
\end{aligned} \tag{25}$$

Equation 25 can be further expanded as follows:

$$\begin{aligned}
& \gamma_{00}^{\text{CGM}} + \gamma_{10}^{\text{CGM}}X_{ij} - \gamma_{10}^{\text{CGM}}\bar{X} + \gamma_{20}^{\text{CGM}}Z_{ij} - \gamma_{20}^{\text{CGM}}\bar{Z} + \gamma_{01}^{\text{CGM}}\bar{X}_j + \gamma_{02}^{\text{CGM}}\bar{Z}_j \\
& + \gamma_{30}^{\text{CGM}}X_{ij}Z_{ij} - \gamma_{30}^{\text{CGM}}X_{ij}\bar{Z} - \gamma_{30}^{\text{CGM}}\bar{X}Z_{ij} + \gamma_{30}^{\text{CGM}}\bar{X}\bar{Z} \\
& + \gamma_{11}^{\text{CGM}}X_{ij}\bar{Z}_j - \gamma_{11}^{\text{CGM}}\bar{X}\bar{Z}_j + \gamma_{21}^{\text{CGM}}\bar{X}_jZ_{ij} - \gamma_{21}^{\text{CGM}}\bar{X}_j\bar{Z} + \gamma_{03}^{\text{CGM}}\bar{X}_j\bar{Z}_j \\
& = \gamma_{00}^{\text{CWC}} + \gamma_{10}^{\text{CWC}}X_{ij} - \gamma_{10}^{\text{CWC}}\bar{X}_j + \gamma_{20}^{\text{CWC}}Z_{ij} - \gamma_{20}^{\text{CWC}}\bar{Z}_j + \gamma_{01}^{\text{CWC}}\bar{X}_j + \gamma_{02}^{\text{CWC}}\bar{Z}_j \\
& + \gamma_{30}^{\text{CWC}}X_{ij}Z_{ij} - \gamma_{30}^{\text{CWC}}X_{ij}\bar{Z}_j - \gamma_{30}^{\text{CWC}}\bar{X}_jZ_{ij} + \gamma_{30}^{\text{CWC}}\bar{X}_j\bar{Z}_j \\
& + \gamma_{11}^{\text{CWC}}X_{ij}\bar{Z}_j - \gamma_{11}^{\text{CWC}}\bar{X}_j\bar{Z}_j + \gamma_{21}^{\text{CWC}}\bar{X}_jZ_{ij} - \gamma_{21}^{\text{CWC}}\bar{X}_j\bar{Z}_j \\
& + \gamma_{03}^{\text{CWC}}\bar{X}_j\bar{Z}_j
\end{aligned} \tag{26}$$

Next I collected like terms from both sides of Equation 26. Like terms refers to terms that contain the same variable raised to the same power. Equation 26 has nine sets of like terms: constants (including  $\bar{X}$  and  $\bar{Z}$ ), terms containing  $X_{ij}$  (only, e.g., not  $X_{ij}\bar{Z}_j$ ), terms containing  $Z_{ij}$ , terms containing  $\bar{X}_j$ , terms containing  $\bar{Z}_j$ , terms containing  $X_{ij}Z_{ij}$ , terms containing  $X_{ij}\bar{Z}_j$ , terms containing  $\bar{X}_jZ_{ij}$ , and terms containing  $\bar{X}_j\bar{Z}_j$ . Collecting like terms from both sides of Equation 26 yields the following solution:

$$\gamma_{00}^{\text{CGM}} - \gamma_{10}^{\text{CGM}}\bar{X} - \gamma_{20}^{\text{CGM}}\bar{Z} + \gamma_{30}^{\text{CGM}}\bar{X}\bar{Z} = \gamma_{00}^{\text{CWC}} \quad (27)$$

$$\gamma_{10}^{\text{CGM}} - \gamma_{30}^{\text{CGM}}\bar{Z} = \gamma_{10}^{\text{CWC}} \quad (28)$$

$$\gamma_{20}^{\text{CGM}} - \gamma_{30}^{\text{CGM}}\bar{X} = \gamma_{20}^{\text{CWC}} \quad (29)$$

$$\gamma_{01}^{\text{CGM}} - \gamma_{21}^{\text{CGM}}\bar{Z} = \gamma_{01}^{\text{CWC}} - \gamma_{10}^{\text{CWC}} \text{ or } (\gamma_{10}^{\text{CGM}} - \gamma_{30}^{\text{CGM}}\bar{Z}) + (\gamma_{01}^{\text{CGM}} - \gamma_{21}^{\text{CGM}}\bar{Z}) = \gamma_{01}^{\text{CWC}} \quad (30)$$

$$\gamma_{02}^{\text{CGM}} - \gamma_{11}^{\text{CGM}}\bar{X} = \gamma_{02}^{\text{CWC}} - \gamma_{20}^{\text{CWC}} \text{ or } (\gamma_{20}^{\text{CGM}} - \gamma_{30}^{\text{CGM}}\bar{X}) + (\gamma_{02}^{\text{CGM}} - \gamma_{11}^{\text{CGM}}\bar{X}) = \gamma_{02}^{\text{CWC}} \quad (31)$$

$$\gamma_{30}^{\text{CGM}} = \gamma_{30}^{\text{CWC}} \quad (32)$$

$$\gamma_{11}^{\text{CGM}} = \gamma_{11}^{\text{CWC}} - \gamma_{30}^{\text{CWC}} \text{ or } \gamma_{11}^{\text{CGM}} + \gamma_{30}^{\text{CGM}} = \gamma_{11}^{\text{CWC}} \quad (33)$$

$$\gamma_{21}^{\text{CGM}} = \gamma_{21}^{\text{CWC}} - \gamma_{30}^{\text{CWC}} \text{ or } \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}} = \gamma_{21}^{\text{CWC}} \quad (34)$$

$$\gamma_{03}^{\text{CGM}} = \gamma_{03}^{\text{CWC}} + \gamma_{30}^{\text{CWC}} - \gamma_{11}^{\text{CWC}} - \gamma_{21}^{\text{CWC}} \text{ or } \gamma_{03}^{\text{CGM}} + \gamma_{11}^{\text{CGM}} + \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}} = \gamma_{03}^{\text{CWC}}. \quad (35)$$

Thus, the fixed effects in Equation 24 are equivalent under CGM and CWC. When  $X_{ij}$  and  $Z_{ij}$  are either CWC or CGM and the cluster means are centered at the grand mean, Equations 27 to 31 simplify as follows:

$$\gamma_{00}^{\text{CGM}} = \gamma_{00}^{\text{CWC}} \quad (36)$$

$$\gamma_{10}^{\text{CGM}} = \gamma_{10}^{\text{CWC}} \quad (37)$$

$$\gamma_{20}^{\text{CGM}} = \gamma_{20}^{\text{CWC}} \quad (38)$$

$$\gamma_{01}^{\text{CGM}} = \gamma_{01}^{\text{CWC}} - \gamma_{10}^{\text{CWC}} \text{ or } \gamma_{10}^{\text{CGM}} + \gamma_{01}^{\text{CGM}} = \gamma_{01}^{\text{CWC}} \quad (39)$$

$$\gamma_{02}^{\text{CGM}} = \gamma_{02}^{\text{CWC}} - \gamma_{20}^{\text{CWC}} \text{ or } \gamma_{20}^{\text{CGM}} + \gamma_{02}^{\text{CGM}} = \gamma_{02}^{\text{CWC}}. \quad (40)$$

Centering the cluster means does not affect Equations 32 to 35.

### **Fixed Effect Interpretations**

The simulation results demonstrate that any one nonzero specific interaction effect can result in a significant total level-1 interaction effect. As such, I show how to parse a total level-1 interaction effect into its four components using Equation 24. The analytic work in the previous section shows that Equation 24 provides equivalent fixed effects under CWC and CGM. In this section, I provide interpretations for the fixed effects in Equation 24 when CWC is applied to the level-1 predictors and when CGM is applied to the level-1 predictors; in both cases I assume that the cluster means are grand mean centered. As noted previously, the specific interaction effects are analogous to contextual effects. Kreft et al. (1995) explained that the fixed effect interpretations for a contextual effect model differ under CWC and CGM. Similarly, the fixed effect interpretations for Equation 24 differ under these two centering methods, as I discuss below.

#### **CWC Interpretations**

Interpreting the fixed effects in Equation 24 is easier with CWC than with CGM because CWC partitions each level-1 predictor into two orthogonal sources of variability: within-cluster variability and between-cluster variability. Table 3 summarizes the

sources of variability present in each term of Equation 24 under CWC and CGM. Recall that CWC removes between-cluster variability from a level-1 predictor because all the clusters have a mean of zero after centering. As such, Table 3 shows that fewer terms in Equation 24 contain between-cluster variability with CWC than with CGM. Returning to Equation 24,  $\gamma_{00}^{CWC}$  is the expected value of  $Y_{ij}$  for a case that is average relative to the other cases in its cluster and from a cluster that is average relative to the other clusters on both level-1 predictors.  $\gamma_{10}^{CWC}$  is the conditional within-cluster effect of  $X_{ij}$  for a case that is average relative to the other cases in its cluster and from a cluster that is average relative to the other clusters on  $Z$  ( $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ). Similarly,  $\gamma_{20}^{CWC}$  is the conditional within-cluster effect of  $Z_{ij}$  for a case that is average relative to the other cases in its cluster and from a cluster that is average relative to the other clusters on  $X$  ( $X_{ij} = 0$  and  $\bar{X}_j = 0$ ).  $\gamma_{01}^{CWC}$  is the conditional between-cluster effect of  $\bar{X}_j$  for a cluster that is average relative to the other clusters on  $Z$  ( $\bar{Z}_j = 0$ ). Similarly,  $\gamma_{02}^{CWC}$  is the conditional between-cluster effect of  $\bar{Z}_j$  for a cluster that is average relative to the other clusters on  $X$  ( $\bar{X}_j = 0$ ).

Turning to the product terms in Equation 24,  $\gamma_{30}^{CWC}$  is the specific within-cluster interaction effect; the specific within-cluster interaction effect refers to the moderating influence of the within-cluster portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ .  $\gamma_{11}^{CWC}$  is the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$ ; the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  refers to the moderating influence of the between-cluster portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ . That is,  $\gamma_{11}^{CWC}$  quantifies the degree to which the within-cluster association between  $X$  and  $Y$  varies across mean levels

of  $Z$ . Similarly,  $\gamma_{21}^{CWC}$  is the specific cross-level interaction effect  $\bar{X}_j Z_{ij}$ ; the specific cross-level interaction effect  $\bar{X}_j Z_{ij}$  refers to the moderating influence of the between-cluster portion of  $X$  on the within-cluster association between  $Z$  and  $Y$ . That is,  $\gamma_{21}^{CWC}$  quantifies the degree to which the within-cluster association between  $Z$  and  $Y$  varies across mean levels of  $X$ . Finally,  $\gamma_{03}^{CWC}$  is the specific between-level interaction effect; the specific between-level interaction effect refers to the moderating influence of the between-cluster portion of  $Z$  on the between-cluster association between  $X$  and  $Y$ . That is,  $\gamma_{03}^{CWC}$  quantifies the degree to which the between-cluster association between  $X$  and  $Y$  varies across mean levels of  $Z$ .

When the cluster means are uncentered rather than grand mean centered, the estimates and interpretations for  $\gamma_{30}^{CWC}$ ,  $\gamma_{11}^{CWC}$ ,  $\gamma_{21}^{CWC}$ , and  $\gamma_{03}^{CWC}$  remain the same. However, the estimates for  $\gamma_{00}^{CWC}$ ,  $\gamma_{10}^{CWC}$ ,  $\gamma_{20}^{CWC}$ ,  $\gamma_{01}^{CWC}$ , and  $\gamma_{02}^{CWC}$  change because the meaning of the zero points change. When the cluster means are grand mean centered,  $X_{ij} = 0$  and  $\bar{X}_j = 0$  (or  $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ) correspond to a case that is average relative to the other cases in its cluster and from a cluster that is average relative to the other clusters. By contrast, when the cluster means are uncentered,  $X_{ij} = 0$  and  $\bar{X}_j = 0$  (or  $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ) correspond to a case that is average relative to the other cases in its cluster but from a cluster with a mean of zero (which may or may not be interpretable on the raw score metric).

### **CGM Interpretations**

Now consider Equation 24 when CGM is applied to the level-1 predictors.  $\gamma_{00}^{CGM}$  is the expected value of  $Y_{ij}$  for a case at the grand mean of the sample from a cluster that



is average relative to the other clusters on both level-1 predictors.  $\gamma_{10}^{\text{CGM}}$  is the conditional within-cluster effect of  $X_{ij}$  for a case at the grand mean of the sample from a cluster that is average relative to the other clusters on  $Z$  ( $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ).  $\gamma_{20}^{\text{CGM}}$  is the conditional within-cluster effect of  $Z_{ij}$  for a case at the grand mean of the sample from a cluster that is average relative to the other clusters on  $X$  ( $X_{ij} = 0$  and  $\bar{X}_j = 0$ ).  $\gamma_{01}^{\text{CGM}}$  is the contextual effect for  $X_{ij}$  (i.e., the difference between  $X$ 's influence at level 1 and level 2) for a cluster that is average relative to the other clusters on  $Z$  ( $\bar{Z}_j = 0$ ).  $\gamma_{02}^{\text{CGM}}$  is the contextual effect for  $Z_{ij}$  (i.e., the difference between  $Z$ 's influence at level 1 and level 2) for a cluster that is average relative to the other clusters on  $X$  ( $\bar{X}_j = 0$ ).

Recall that when applying CGM to a contextual effect model, the regression coefficient for the cluster means  $\gamma_{01}$  equals the difference between the within-cluster and between-cluster associations between the level-1 predictor and the outcome variable (see Equation 9). Returning to Equation 6,  $\gamma_{10}$  represents the within-cluster association and  $(\gamma_{10} + \gamma_{01})$  represents the between-cluster association at the grand mean of  $X_{ij}$ . An analogous situation occurs when applying CGM to the model in Equation 24, such that the CGM regression coefficients capture differences in the specific interaction effects. Before proceeding, readers should note that the regression coefficients for three of the four product terms ( $\gamma_{11}^{\text{CGM}}$ ,  $\gamma_{21}^{\text{CGM}}$ , and  $\gamma_{03}^{\text{CGM}}$ ) are difficult to interpret in isolation. However, I also describe how to compute estimates for the four specific interaction effects, which researchers may consider to be of greater interest. Turning to the product terms in Equation 24,  $\gamma_{30}^{\text{CGM}}$  is the specific within-cluster interaction effect; the specific within-cluster interaction effect refers to the moderating influence of the within-cluster

portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ .  $\gamma_{11}^{\text{CGM}}$  is the difference between the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$  and the specific within-cluster interaction effect; it is the difference between the moderating influence of the between-cluster portion of  $Z$  versus the moderating influence of the within-cluster portion of  $Z$  on the within-cluster association between  $X$  and  $Y$ . Based on Equation 33,  $\gamma_{11}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  is the estimate for the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$ . Similarly,  $\gamma_{21}^{\text{CGM}}$  is the difference between the specific cross-level interaction effect  $\bar{X}_j Z_{ij}$  and the specific within-cluster interaction effect; it is the difference between the moderating influence of the within-cluster portion of  $Z$  on the between-cluster association between  $X$  and  $Y$  versus on the within-cluster association between  $X$  and  $Y$ . Based on Equation 34,  $\gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  is the estimate for the specific cross-level interaction effect  $\bar{X}_j Z_{ij}$ .  $\gamma_{03}^{\text{CGM}}$  is the difference between the specific between-cluster interaction effect and the specific within-cluster interaction effect, subtracting out differences between the two specific cross-level interaction effects and the specific within-cluster interaction effect. This interpretation becomes more evident if we consider the following expansion of Equation 35:

$$\gamma_{03}^{\text{CGM}} = \gamma_{03}^{\text{CWC}} - (\gamma_{11}^{\text{CWC}} - \gamma_{30}^{\text{CWC}}) - (\gamma_{21}^{\text{CWC}} - \gamma_{30}^{\text{CWC}}) - \gamma_{30}^{\text{CWC}}. \quad (41)$$

Based on Equation 35,  $\gamma_{03}^{\text{CGM}} + \gamma_{11}^{\text{CGM}} + \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  is the estimate for the specific between-cluster interaction effect.

When the cluster means are uncentered rather than grand mean centered, the estimates and interpretations for  $\gamma_{30}^{\text{CGM}}$ ,  $\gamma_{11}^{\text{CGM}}$ ,  $\gamma_{21}^{\text{CGM}}$ , and  $\gamma_{03}^{\text{CGM}}$  remain the same.

However, the estimates for  $\gamma_{00}^{\text{CGM}}$ ,  $\gamma_{10}^{\text{CGM}}$ ,  $\gamma_{20}^{\text{CGM}}$ ,  $\gamma_{01}^{\text{CGM}}$ , and  $\gamma_{02}^{\text{CGM}}$  change because the meaning of the zero points change. When the cluster means are grand mean centered,  $X_{ij} = 0$  and  $\bar{X}_j = 0$  (or  $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ) correspond to a case at the grand mean of the sample from a cluster that is average relative to the other clusters. By contrast, when the cluster means are uncentered,  $X_{ij} = 0$  and  $\bar{X}_j = 0$  (or  $Z_{ij} = 0$  and  $\bar{Z}_j = 0$ ) correspond to a case at the grand mean of the sample from a cluster with a mean of zero (which may or may not be interpretable on the raw score metric).

### **Empirical Example**

To demonstrate the potential for specific interaction effects, I tested the affective shift model of work engagement using diary data collected across 21 days from 131 working adults with chronic pain (Karoly, Okun, Enders, & Tennen, 2014). The affective shift model of work engagement posits that negative affect is positively related to work engagement if negative affect is followed by positive affect (Bledow et al., 2011). Although I would not recommend excluding cases with missing scores in practice, I used a subset of complete data with 125 participants and 1115 days (average cluster size = 8.92) to simplify the empirical example. Each day, participants reported their positive affect and negative affect in the morning, afternoon, and evening. Participants also reported their pursuit of work goals on a 0 to 9 Likert scale in the afternoon and evening. Thus, observations are nested within days, which are nested within participants. However, because the outcome variable used below is specific to the evening (i.e., was only measured once per day), I analyzed the data using a two-level model in which observations are nested within participants.

I investigated how positive affect in the evening moderates the effect of negative affect in the afternoon on pursuit of work goals in the evening. The ICC for work goals in the evening equaled .476, which is similar to the ICC used for the simulation study above. I applied CGM to the level-1 predictors (i.e., negative affect in the afternoon and positive affect in the evening) and cluster means and used the following analysis model with one product term:

$$\begin{aligned} work_{ij} = & \gamma_{00} + \gamma_{10}naffect_{ij} + \gamma_{20}paffect_{ij} + \gamma_{01}\overline{naffect_j} \\ & + \gamma_{02}\overline{paffect_j} + \gamma_{30}naffect_{ij}paffect_{ij} + u_{0j} + \varepsilon_{ij} \end{aligned} \quad (42)$$

where “work” denotes pursuit of work goals in the evening, “naffect” denotes negative affect in the afternoon, and “paffect” denotes positive affect in the evening. I previously tested for random slope variability, which was nonsignificant for both level-1 predictors and the level-1 interaction. Using one product term to represent the total level-1 interaction effect is consistent with what researchers have done in practice (e.g., Bledow et al., 2011). I estimated Equation 42 via full information maximum likelihood estimation in Mplus 7.3 and found that the regression coefficient for the product term was significant,  $\gamma_{30} = -0.045$ ,  $p = .022$ .

As shown in the simulations described above, this product term could be significant due to any one of the specific interaction effects being nonzero. Another possibility is that the sign and magnitude of all four specific interaction effects are equal and can thus be adequately represented by one product term. To investigate these two possibilities, I recommend parsing the total level-1 interaction effect into its four specific

interaction effects. The remainder of this section is organized as follows. First I parse the total level-1 interaction effect into its four specific interaction effects while applying CWC to the level-1 predictors and CGM to the cluster means and while applying CGM to the level-1 predictors and cluster means. Next I show that these two centering methods provide equivalent fixed effect estimates. Finally, under each centering method, I demonstrate how to (1) perform an omnibus test investigating whether the four specific interaction effects significantly differ, (2) test whether each specific interaction effect significantly differs from zero, and (3) compare pairs of specific interaction effects. To clarify, researchers should decide how to center each level-1 predictor based on theory, but I applied both centering methods throughout this example to explain how the procedures differ.

To parse the total level-1 interaction effect into its four specific interaction effects, I used the following analysis model with four product terms:

$$\begin{aligned}
 work_{ij} = & \gamma_{00} + \gamma_{10}naffect_{ij} + \gamma_{20}paffect_{ij} + \gamma_{01}\overline{naffect}_j \\
 & + \gamma_{02}\overline{paffect}_j + \gamma_{30}naffect_{ij}paffect_{ij} \\
 & + \gamma_{11}naffect_{ij}\overline{paffect}_j + \gamma_{21}\overline{naffect}_jpaffect_{ij} \\
 & + \gamma_{03}\overline{naffect}_j\overline{paffect}_j + u_{0j} + \varepsilon_{ij}.
 \end{aligned} \tag{43}$$

First I applied CWC to the level-1 predictors and CGM to the cluster means and estimated Equation 43 in Mplus. The Mplus input file for this analysis is provided in Appendix D, and the fixed effect estimates are reported in Table 4. To demonstrate the equivalence of the fixed effect estimates under CWC and CGM, I applied CGM to the

level-1 predictors and cluster means and again used Equation 43 as the analysis model (see Appendix D for the Mplus input file). The fixed effect estimates with CWC and with CGM are reported in Table 5. Based on the equivalencies in Equations 32 to 35, we can compute the estimates for the specific within-cluster interaction effect, two specific cross-level interaction effects, and specific between-cluster interaction effect as follows:

$$\begin{aligned}
 \gamma_{30}^{CWC} &= \gamma_{30}^{CGM} = -0.0144 \\
 \gamma_{11}^{CWC} &= \gamma_{11}^{CGM} + \gamma_{30}^{CGM} = -0.0203 + (-0.0144) = -0.0347 \\
 \gamma_{21}^{CWC} &= \gamma_{21}^{CGM} + \gamma_{30}^{CGM} = -0.0540 + (-0.0144) = -0.0684 \\
 \gamma_{03}^{CWC} &= \gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM} \\
 &= -0.0321 + (-0.0203) + (-0.0540) + (-0.0144) = -0.1208.
 \end{aligned}$$

Referring back to Table 4, note that these estimates are equivalent (actually, within 0.0002 due to rounding error) to the estimates when I applied CWC to the level-1 predictors. The Mplus input file in Appendix D demonstrates how to compute these four specific interaction effects using the MODEL CONSTRAINT command.

Next I used the MODEL TEST command to perform a Wald test investigating whether the four specific interaction effects are equal. To perform this omnibus test when the level-1 predictors are CWC, I set  $\gamma_{30}^{CWC} = \gamma_{11}^{CWC} = \gamma_{21}^{CWC} = \gamma_{03}^{CWC}$ . The omnibus test indicated that the four specific interaction effects do not significantly differ,  $\chi^2(3) = 2.933, p = .402$ . To perform this omnibus test when the level-1 predictors are CGM, I set  $\gamma_{11}^{CGM} = 0$ ,  $\gamma_{21}^{CGM} = 0$ , and  $\gamma_{03}^{CGM} = 0$  because these three regression coefficients capture differences between the specific within-cluster interaction effect and

the remaining three specific interaction effects. Alternatively, we can set the four terms created using the MODEL CONSTRAINT command to be equal, which is the same as specifying  $\gamma_{30}^{\text{CGM}} = \gamma_{11}^{\text{CGM}} + \gamma_{30}^{\text{CGM}} = \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}} = \gamma_{03}^{\text{CGM}} + \gamma_{11}^{\text{CGM}} + \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  where  $\gamma_{30}^{\text{CGM}}$  represents the specific within-cluster interaction effect,  $\gamma_{11}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  and  $\gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  represent the two specific cross-level interaction effects, and  $\gamma_{03}^{\text{CGM}} + \gamma_{11}^{\text{CGM}} + \gamma_{21}^{\text{CGM}} + \gamma_{30}^{\text{CGM}}$  represents the specific between-cluster interaction effect. As before, the omnibus test indicated that the four specific interaction effects do not significantly differ,  $\chi^2(3) = 2.941, p = .401$ .

Although the omnibus test was nonsignificant, I will interpret the results from the analysis model with four product terms. Doing so would be appropriate if the omnibus test were significant or if a researcher made hypotheses involving specific interaction effects such that the omnibus test does not address the research questions. Based on  $z$ -tests for  $\gamma_{30}^{\text{CWC}}$ ,  $\gamma_{11}^{\text{CWC}}$ ,  $\gamma_{21}^{\text{CWC}}$ , and  $\gamma_{03}^{\text{CWC}}$ , one of the specific cross-level interaction effects and the specific between-cluster interaction effect significantly differed from zero; the other two specific interaction effects did not significantly differ from zero. These results may seem counterintuitive given that the omnibus test indicated that the four specific interaction effects do not significantly differ. As such, we may expect either all of the specific interaction effects to significantly differ from zero or none of the specific interaction effects to significantly differ from zero. However, power differences may explain why the four  $z$ -tests are not all significant or all nonsignificant. When the level-1 predictors are CGM and we use the MODEL CONSTRAINT command to compute the four specific interaction effects, the  $z$ -tests appear under the “New/Additional Parameters” section of the Mplus output. Participants with higher average negative affect

in the afternoon had less positive relationships between positive affect in the evening and pursuit of work goals in the evening,  $\gamma_{21}^{CWC} = -0.068$  (or  $\gamma_{21}^{CGM} + \gamma_{30}^{CGM} = -0.068$ ),  $p = .036$ . Participants with higher average negative affect in the afternoon also had less positive relationships between average positive affect in the evening and average pursuit of work goals in the evening,  $\gamma_{03}^{CWC} = -0.121$  (or  $\gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM} = -0.121$ ),  $p = .023$ .

Finally, we can compare pairs of specific interaction effects based on a priori hypotheses or as post hoc data exploration. Table 6 describes how to perform all possible pairwise comparisons under each centering method. The procedures differ because  $\gamma_{30}^{CWC}$ ,  $\gamma_{11}^{CWC}$ ,  $\gamma_{21}^{CWC}$ , and  $\gamma_{03}^{CWC}$  each represent one of the four specific interaction effects whereas  $\gamma_{11}^{CGM}$ ,  $\gamma_{21}^{CGM}$ , and  $\gamma_{03}^{CGM}$  capture differences between the specific within-cluster interaction effect and the remaining three specific interaction effects. To illustrate, suppose that I wanted to test whether the two specific interaction effects that significantly differed from zero also significantly differed from one another. Referring to Table 6, when the level-1 predictors are CWC, I set  $\gamma_{21}^{CWC} = \gamma_{03}^{CWC}$  and performed a Wald test (see the Mplus input file in Appendix D), which was nonsignificant,  $\chi^2(1) = 0.752$ ,  $p = .386$ . When the level-1 predictors are CGM, I set  $\gamma_{21}^{CGM} + \gamma_{30}^{CGM} = \gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM}$ , which simplifies to  $\gamma_{03}^{CGM} + \gamma_{11}^{CGM} = 0$ . Again, the Wald test indicated that these two specific interaction effects do not significantly differ,  $\chi^2(1) = 0.747$ ,  $p = .388$ .

## Discussion

Researchers are often interested in estimating interactions in multilevel models, but many researchers assume that the same procedures and interpretations for interactions in single-level models apply to multilevel models. However, because level-1 predictors



in two-level models potentially have variability at both levels of the hierarchy, interactions involving at least one level-1 predictor also have more than one source of variability. A total cross-level interaction effect is a composite of a specific cross-level interaction effect and a specific between-cluster interaction effect, and a total level-1 interaction effect is a composite of a specific within-cluster interaction effect, two specific cross-level interaction effects, and a specific between-cluster interaction effect. Other methodologists have raised this issue for total cross-level interaction effects (Cronbach & Webb, 1975; Hofmann & Gavin, 1998) and have described how to use two product terms to parse a total cross-level interaction effect into its two components (Raudenbush, 1989b; Hofmann & Gavin, 1998; Enders & Tofighi, 2007). In this Master's thesis, I extended this work to total level-1 interaction effects, which have previously received very little attention in the methodological literature (Nezlek, 2012). The goals of this Master's thesis were to perform simulations to demonstrate that using one product term to represent a total level-1 interaction effect can lead to erroneous conclusions, derive equivalencies between CGM and CWC for a random intercept model that uses four product terms to represent the specific interaction effects, and describe how the interpretations of the fixed effects change under these two centering methods.

Consistent with Hofmann and Gavin's (1998) simulations for total cross-level interaction effects, my simulations demonstrated that any one nonzero specific interaction effect can lead to significance when using one product term to represent the total level-1 interaction effect. Nevertheless, my informal review of APA journals suggested that using one product term is the norm. Similarly, methodologists adopted a model with one product term when providing recommendations for probing total cross-level interaction

effects (Tate, 2004; Bauer & Curran, 2005; Curran, Bauer, & Willoughby, 2006; Preacher, Curran, & Bauer, 2006). As such, I showed how to use four product terms to parse a total level-1 interaction effect into its four components. This recommendation is consistent with that made by other methodologists for total cross-level interaction effects (Raudenbush, 1989b; Hofmann & Gavin, 1998; Enders & Tofighi, 2007). Throughout this Master's thesis, I urged researchers to be more cognizant of the sources of variability present in total cross-level and level-1 interaction effects and to recognize the potential utility of including additional product terms to test for specific interaction effects.

Next I showed that a random intercept model with four product terms provides equivalent fixed effects when applying either CWC or CGM to the level-1 predictors. These equivalencies are analogous to the equivalencies found by Kreft et al. (1995) for contextual effect models (denoted  $CWC_2$  and  $CGM_2$ ) and by Enders and Tofighi (2007) when using two product terms to parse a total cross-level interaction effect into its two components. For a contextual effect model, recall that the regression coefficient for the cluster means equals the between-cluster effect when the level-1 predictor is group mean centered ( $CWC_2$ ) but equals the difference between the within-cluster and between-cluster effects when the level-1 predictor is grand mean centered ( $CGM_2$ ). An analogous situation occurs when using four product terms to parse a total level-1 interaction effect into its four components. Because CWC partitions each level-1 predictor into two orthogonal sources of variability, the regression coefficients for the four product terms represent the four specific interaction effects. By contrast, CGM yields one regression coefficient for the specific within-cluster interaction effect and three regression coefficients that capture differences between the specific within-cluster interaction effect

and the remaining three specific interaction effects. Thus, although the fixed effects can be equated algebraically, their interpretations differ under the two centering methods.

Generally, methodologists recommend that centering decisions should align with the researcher's conceptualization of the level-1 construct (e.g., Kreft et al., 1995; Enders & Tofighi, 2007; Enders, 2013). In two-level models, Klein et al. (1994) distinguished between cluster-independent constructs and cluster-dependent constructs. For cluster-independent constructs, two cases with the same raw score on the level-1 predictor would have the same expected score on the outcome variable, regardless of cluster membership. Only a case's absolute standing matters. CGM is appropriate for cluster-independent constructs because it preserves absolute score differences across clusters. For cluster-dependent constructs, two cases from different clusters could share the same raw score on the level-1 predictor but have different expected scores on the outcome variable. A case's standing relative to other cases within the same cluster matters, which is commonly referred to as a frog pond effect (Davis, 1966; Marsh & Parker, 1984). CWC is appropriate for cluster-dependent constructs because deviations from the cluster-specific means reflect within-cluster standing on the level-1 predictor. For example, consider the effect of daily sleep ratings on daily affect ratings. A cluster-independent construct definition of sleep posits that a participant's absolute sleep rating matters. Two participants who slept for seven hours would have the same expected daily affect rating, regardless of how much they usually sleep. A cluster-dependent construct definition of sleep posits that whether a participant sleeps more or less than he/she usually does matters. Sleeping for seven hours may have a different effect on daily affect ratings for a

participant who usually sleeps for six hours than for a participant who usually sleeps for nine hours.

Despite these recommendations for selecting a centering method based on substantive theory, I recommend applying CWC when parsing a total level-1 interaction effect into its four components. Under CWC, the regression coefficients for the four product terms each represented one of the four specific interaction effects. By contrast, under CGM, the regression coefficients for three of the four product terms were difficult to interpret in isolation. Although I demonstrated how to algebraically compute the four specific interaction effects under CGM, adopting CWC may be preferred given that this centering method provided more interpretable regression coefficients. Additionally, deciding whether a level-1 predictor represents a cluster-independent or cluster-dependent construct may be difficult in practice. Referring to the previous example, absolute sleep (a cluster-independent construct definition) *and* sleeping more or less than usual (a cluster-dependent construct definition) may influence daily affect ratings. Cluster-independent constructs and cluster-dependent constructs conceivably represent endpoints on a continuum, with many constructs of interest in psychological research falling somewhere in between. In the absence of strong substantive theory, I recommend adopting CWC to understand the components of a total level-1 interaction effect, especially given that the random intercept model with four product terms provides equivalent fixed effects. However, aligning centering decisions with the researcher's conceptualization of the level-1 construct is arguably more important for models that are not equivalent under the two centering methods.

As with all research, this Master's thesis has a number of limitations worth considering. First, although the simulations were intended to be demonstrative rather than exhaustive, the generalizability of the results is limited given that I only manipulated one factor. Other factors that I would expect to influence the results such as the ICC, number of clusters and cluster size, and covariance structure were not manipulated. Second, I did not investigate power differences between the model that uses four product terms to represent the specific interaction effects and the model that uses one product term. Although the simulations showed that the latter model can lead to erroneous conclusions, certain effects in the model with four product terms may be underpowered. Third, I focused on random intercept models, but this work should be extended to random slope models. Given Kreft et al.'s (2005) findings for contextual effect models, we would not expect equivalencies across the two centering methods for a random slope model with four product terms. Power differences also exist between random intercept and random slope models (see Hoffman & Templin, 2011 for cross-level interactions) and should be further investigated. Fourth, the product of two normally distributed variables is often not normally distributed (Aroian, 1944/1947), yet significance tests used in this Master's thesis assume a symmetric or normal distribution (e.g., the *t*-tests in the demonstrative simulations). However, this issue is not specific to the work in this Master's thesis and has been discussed elsewhere for interaction effects in single-level models and indirect effects in single-level and multilevel models (e.g., MacKinnon, Lockwood, & Williams, 2004; Preacher, Zyphur, & Zhang, 2010). Fifth, I did not discuss how to probe specific interaction effects, for example by computing simple effects via the pick-a-point approach. Although other methodologists have described

how to probe cross-level interactions via simple effects or the Johnson-Neyman technique (Tate, 2004; Bauer & Curran, 2005; Curran, Bauer, & Willoughby, 2006; Preacher, Curran, & Bauer, 2006), they used a model consistent with Equation 11, which contains one product term. These limitations suggest potential directions for future research.

As noted previously, I used a doubly manifest approach, which assumes no sampling or measurement error (Lüdtke et al., 2011). Currently, the doubly manifest approach is used almost exclusively in applied practice (Lüdtke et al., 2008). However, because it relies on observed rather than latent cluster means, the doubly manifest approach can provide biased contextual effect estimates and standard errors (Lüdtke et al., 2008; Lüdtke et al., 2011). Lüdtke et al. (2008), Marsh et al. (2009), and Lüdtke et al. (2011) proposed a doubly latent approach that corrects for sampling and measurement error and two partial correction approaches that correct for either sampling error (manifest-measurement, latent-aggregation) or measurement error (latent-measurement, manifest-aggregation) but not both. Recently, Preacher, Zhang, and Zyphur (in press) described how to parse interactions between two level-1 predictors or between a level-1 predictor and a level-2 predictor into their respective components while using latent rather than observed cluster means. However, the appropriateness of the doubly latent, partial correction, and doubly manifest approaches depends on several factors, including the ICC, number of clusters and level-1 units per cluster, and nature of the level-2 constructs under investigation. The doubly latent approach yields higher sampling variability relative to the partial correction approaches and doubly manifest approach, which may result in unstable parameter estimates and wide confidence intervals (Marsh

et al., 2009). Higher sampling variability is particularly problematic when a small ICC is combined with a modest number of clusters and level-1 units per cluster (Lüdtke et al., 2008). Furthermore, latent-aggregation approaches assume reflective aggregations of level-1 constructs (i.e., within-cluster variation only reflects sampling error). For formative aggregations of level-1 constructs, members of the same cluster likely have different true standings on the level-1 construct, so assuming that within-cluster variation represents sampling error is inappropriate as the sampling ratio (i.e., the percentage of level-1 units sampled from each cluster) approaches 100% (Lüdtke et al., 2008; Marsh et al., 2009). However, latent-aggregation approaches may be appropriate for formative aggregations of level-1 constructs when the sampling ratio is low (Lüdtke et al., 2008). Finally, convergence issues may lead researchers to use a doubly manifest approach rather than the more complex doubly latent or partial correction approaches (Lüdtke et al., 2011). In sum, latent-measurement and latent-aggregation approaches are appropriate under many, but not all, conditions. Thus, my work should be considered along with that of Preacher et al. (in press) to provide a more comprehensive set of recommendations for investigating moderated effects using clustered data.

This Master's thesis emphasized the importance of considering and testing for specific interaction effects. Using one product term to represent a total cross-level or level-1 interaction effect, which is the norm, leads to a potentially ambiguous result. Although group mean centering the level-1 predictor(s) comprising this product term disambiguates the result, doing so only yields an estimate for one specific interaction effect. As such, I showed how to include additional product terms to parse a total cross-level or level-1 interaction effect into its components. Estimating specific interaction

effects provides further information about how a moderator operates and allows researchers to formulate and test more targeted research questions.



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APPENDIX A

TABLES

Table 1  
Population Parameters by Condition

	Condition				
	1	2	3	4	5
Specific Within-Cluster Interaction $X_{ij}Z_{ij}$	0.400	0	0	0	0
Specific Cross-Level Interaction $X_{ij}\bar{Z}_j$	0	0.219	0	0	0
Specific Cross-Level Interaction $\bar{X}_jZ_{ij}$	0	0	0.219	0	0
Specific Between-Cluster Interaction $\bar{X}_j\bar{Z}_j$	0	0	0	0.400	0
Level-1 (Residual) Variance $\sigma_{\varepsilon}^2$	0.84 <sup>a</sup>	1	1	1	1
Slope Variance $\sigma_{u_{1j}}^2$ of $X_{ij}$	0.30	0.252 <sup>a</sup>	0.30	0.30	0.30
Slope Variance $\sigma_{u_{2j}}^2$ of $Z_{ij}$	0.30	0.30	0.252 <sup>a</sup>	0.30	0.30
Level-2 (Residual) Variance $\sigma_{u_{0j}}^2$	1	1	1	0.84 <sup>a</sup>	1
Mean of $X_{ij}$	0	0	0	0	0
Mean of $Z_{ij}$	0	0	0	0	0
Total Variance of $X_{ij}$	2	2	2	2	2
Level-1 Variance	1	1	1	1	1
Level-2 Variance	1	1	1	1	1
Total Variance of $Z_{ij}$	2	2	2	2	2
Level-1 Variance	1	1	1	1	1
Level-2 Variance	1	1	1	1	1
Covariance of $X_{ij}$ and $Z_{ij}$	0	0	0	0	0
Mean of Level-1 Interaction	0	0	0	0	0
Variance of Level-1 Interaction	1	1	1	1	1

<sup>a</sup>These values correspond to 16% of the variance explained.

Table 2  
Simulation Results by Condition

		Condition				
		1	2	3	4	5
Population Parameter	Specific Within- Cluster Interaction $X_{ij}Z_{ij}$	0.400	0	0	0	0
	Specific Cross- Level Interaction $X_{ij}\bar{Z}_j$	0	0.219	0	0	0
	Specific Cross- Level Interaction $\bar{X}_jZ_{ij}$	0	0	0.219	0	0
	Specific Between- Cluster Interaction $\bar{X}_j\bar{Z}_j$	0	0	0	0.400	0
	Number of Converged Solutions (%)	1978 (98.90%)	1946 (97.30%)	1923 (96.15%)	1949 (97.45%)	1943 (97.15%)
Outcome	Mean Estimate of $\gamma_{30}$	0.268	0.048	0.049	-0.029	0.002
	Percentage of Significant $\gamma_{30}$	99.95%	19.42%	19.97%	10.47%	5.76%

*Note.* The number of converged solutions is out of 2000 replications.



Table 3  
Sources of Variability Present in Each Term of Equation 24 with CWC or CGM Level-1 Predictors

Centering Method	Term	Source of Variability			
		Within-Cluster Variability in $X_{ij}$	Within-Cluster Variability in $Z_{ij}$	Between-Cluster Variability in $X_{ij}$	Between-Cluster Variability in $Z_{ij}$
CWC	$\gamma_{10}X_{ij}$	✓			
	$\gamma_{20}Z_{ij}$		✓		
	$\gamma_{01}\bar{X}_j$			✓	
	$\gamma_{02}\bar{Z}_j$				✓
	$\gamma_{30}X_{ij}Z_{ij}$	✓	✓		
	$\gamma_{11}X_{ij}\bar{Z}_j$	✓			✓
	$\gamma_{21}\bar{X}_jZ_{ij}$		✓	✓	
	$\gamma_{03}\bar{X}_j\bar{Z}_j$			✓	✓
CGM	$\gamma_{10}X_{ij}$	✓		✓	
	$\gamma_{20}Z_{ij}$		✓		✓
	$\gamma_{01}\bar{X}_j$			✓	
	$\gamma_{02}\bar{Z}_j$				✓
	$\gamma_{30}X_{ij}Z_{ij}$	✓	✓	✓	✓
	$\gamma_{11}X_{ij}\bar{Z}_j$	✓		✓	✓
	$\gamma_{21}\bar{X}_jZ_{ij}$		✓	✓	✓
	$\gamma_{03}\bar{X}_j\bar{Z}_j$			✓	✓

*Note.* CWC denotes that both level-1 predictors are group mean centered and CGM denotes that both level-1 predictors are grand mean centered.

Table 4

*Empirical Example, Fixed Effect Estimates with CWC Level-1 Predictors*

	Estimate	S.E.	p-Value
Average Intercept	5.905	0.141	< .001
Negative Affect (Level 1)	-0.042	0.041	.310
Positive Affect (Level 1)	0.181	0.045	< .001
Average Negative Affect (Level 2)	0.189	0.128	.139
Average Positive Affect (Level 2)	0.696	0.094	< .001
Specific Within-Cluster Interaction Effect $\gamma_{30}$	-0.015	0.039	.711
Specific Cross-Level Interaction Effect $\gamma_{11}$	-0.035	0.039	.374
Specific Cross-Level Interaction Effect $\gamma_{21}$	-0.068	0.033	.036
Specific Between-Cluster Interaction Effect $\gamma_{03}$	-0.121	0.053	.023

Table 5

*Empirical Example, Fixed Effect Estimates with CWC or CGM Level-1 Predictors*

Regression Coefficient	CWC Estimate	CGM Estimate
$\gamma_{00}$	5.905	5.906
$\gamma_{10}$	-0.042	-0.042
$\gamma_{20}$	0.181	0.181
$\gamma_{01}$	0.189	0.231
$\gamma_{02}$	0.696	0.515
$\gamma_{30}$	-0.015	-0.014
$\gamma_{11}$	-0.035	-0.020
$\gamma_{21}$	-0.068	-0.054
$\gamma_{03}$	-0.121	-0.032

*Note.* CWC denotes that both level-1 predictors are group mean centered and CGM denotes that both level-1 predictors are grand mean centered.

Table 6  
*Pairwise Comparisons with CWC or CGM Level-1 Predictors*

Pairwise Comparison	CWC	CGM
1 vs. 2	Set $\gamma_{30}^{CWC} = \gamma_{11}^{CWC}$ .	Refer to the significance test for $\gamma_{11}^{CGM}$ .
1 vs. 3	Set $\gamma_{30}^{CWC} = \gamma_{21}^{CWC}$ .	Refer to the significance test for $\gamma_{21}^{CGM}$ .
1 vs. 4	Set $\gamma_{30}^{CWC} = \gamma_{03}^{CWC}$ .	Set $\gamma_{30}^{CGM} = \gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM}$ , which simplifies to $\gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} = 0$ .
2 vs. 3	Set $\gamma_{11}^{CWC} = \gamma_{21}^{CWC}$ .	Set $\gamma_{11}^{CGM} + \gamma_{30}^{CGM} = \gamma_{21}^{CGM} + \gamma_{30}^{CGM}$ , which simplifies to $\gamma_{11}^{CGM} = \gamma_{21}^{CGM}$ .
2 vs. 4	Set $\gamma_{11}^{CWC} = \gamma_{03}^{CWC}$ .	Set $\gamma_{11}^{CGM} + \gamma_{30}^{CGM} = \gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM}$ , which simplifies to $\gamma_{03}^{CGM} + \gamma_{21}^{CGM} = 0$ .
3 vs. 4	Set $\gamma_{21}^{CWC} = \gamma_{03}^{CWC}$ .	Set $\gamma_{21}^{CGM} + \gamma_{30}^{CGM} = \gamma_{03}^{CGM} + \gamma_{11}^{CGM} + \gamma_{21}^{CGM} + \gamma_{30}^{CGM}$ , which simplifies to $\gamma_{03}^{CGM} + \gamma_{11}^{CGM} = 0$ .

*Note.* Equation 24 serves as the analysis model. In the “Pairwise Comparison” column, 1 denotes the specific within-cluster interaction effect, 2 denotes the specific cross-level interaction effect  $X_{ij}\bar{Z}_j$ , 3 denotes the specific cross-level interaction effect  $\bar{X}_jZ_{ij}$ , and 4 denotes the specific between-cluster interaction effect. CWC denotes that both level-1 predictors are group mean centered and CGM denotes that both level-1 predictors are grand mean centered.

## APPENDIX B

DERIVATIONS FROM DUNCAN, CUZZORT, AND DUNCAN (1961)

The equation of interest is Equation 3 from Duncan et al. (1961):

$$b_T = \eta_X^2 b_B + (1 - \eta_X^2) b_W \quad (\text{A1})$$

that describes how the level-1 regression coefficient  $\gamma_{10}$  from Equation 2 (i.e.,  $b_T$ ) is a weighted average of the within-cluster and between-cluster associations between the level-1 predictor  $X_{ij}$  and the outcome variable. Although Duncan et al. (1961) do not provide the following derivations for Equation A1, they provided the basis for these derivations.

First I explain the notation used here, which deviates from the notation used in Duncan et al. (1961). Let  $SS_{XT} = \sum_j \sum_i (X_{ij} - \bar{X})^2$  denote the total sum of squares of  $X_{ij}$ . The total sum of squares of  $X_{ij}$  can be expressed as the sum of the within-cluster sum of squares of  $X_{ij}$ ,  $SS_{XW} = \sum_j \sum_i (X_{ij} - \bar{X}_j)^2$ , and the between-cluster sum of squares of  $X_{ij}$ ,  $SS_{XB} = \sum_j \sum_i (\bar{X}_j - \bar{X})^2$ , meaning

$$SS_{XT} = SS_{XW} + SS_{XB}. \quad (\text{A2})$$

Let  $SS_{XYT} = \sum_j \sum_i (X_{ij} - \bar{X})(Y_{ij} - \bar{Y})$  denote the total sum of products. The total sum of products can be expressed as the sum of the within-cluster sum of products,  $SS_{XYW} = \sum_j \sum_i (X_{ij} - \bar{X}_j)(Y_{ij} - \bar{Y}_j)$ , and the between-cluster sum of products,  $SS_{XYB} = \sum_j n_j (\bar{X}_j - \bar{X})(\bar{Y}_j - \bar{Y})$ , meaning

$$SS_{XYT} = SS_{XYW} + SS_{XYB}. \quad (\text{A3})$$

Let  $\eta_X^2$  denote the correlation ratio for  $X_{ij}$  (i.e., the ratio of the between-cluster sum of squares on  $X_{ij}$  to the total sum of squares on  $X_{ij}$ ) such that

$$\eta_X^2 = \frac{SS_{XB}}{SS_{XT}} \quad (\text{A4a})$$

$$\eta_X^2 = 1 - \frac{SS_{XW}}{SS_{XT}}. \quad (\text{A4b})$$

Finally, let  $b_T$  denote the total regression coefficient,  $b_W$  denote the average within-cluster regression coefficient, and  $b_B$  denote the between-cluster regression coefficient as follows:

$$b_T = \frac{SS_{XYT}}{SS_{XT}} \quad (\text{A5})$$

$$b_W = \frac{SS_{XYW}}{SS_{XW}} \quad (\text{A6})$$

$$b_B = \frac{SS_{XYB}}{SS_{XB}}. \quad (\text{A7})$$

To start, we know from Equation A5 that  $b_T = \frac{SS_{XYT}}{SS_{XT}}$ . Substituting in Equation A3 yields  $b_T = \frac{SS_{XYW} + SS_{XYB}}{SS_{XT}}$ , which can be rewritten as  $b_T = \frac{SS_{XYW}}{SS_{XT}} + \frac{SS_{XYB}}{SS_{XT}}$ . From Equation A6, we know that  $SS_{XYW} = b_W SS_{XW}$ . Similarly, from Equation A7, we know

that  $SS_{XYB} = b_B SS_{XB}$ . Substituting  $SS_{XYW} = b_W SS_{XW}$  and  $SS_{XYB} = b_B SS_{XB}$  into

$b_T = \frac{SS_{XYW}}{SS_{XT}} + \frac{SS_{XYB}}{SS_{XT}}$  yields  $b_T = \frac{b_W SS_{XW}}{SS_{XT}} + \frac{b_B SS_{XB}}{SS_{XT}}$ . We know from Equation A4a that

$\frac{SS_{XB}}{SS_{XT}} = \eta_X^2$ . Similarly, from Equation A4b, we know  $\frac{SS_{XW}}{SS_{XT}} = 1 - \eta_X^2$ . Substituting

$\frac{SS_{XB}}{SS_{XT}} = \eta_X^2$  and  $\frac{SS_{XW}}{SS_{XT}} = 1 - \eta_X^2$  into  $b_T = \frac{b_W SS_{XW}}{SS_{XT}} + \frac{b_B SS_{XB}}{SS_{XT}}$  yields  $b_T = b_W(1 - \eta_X^2) +$

$b_B \eta_X^2$ , which is the equation of interest. This equation can be rewritten as

$$b_T = b_W + \eta_X^2(b_B - b_W), \quad (\text{A8})$$

which is how Equation A1 is expressed in Duncan et al. (1961).



## APPENDIX C

### DERIVATIONS FOR DEMONSTRATIVE SIMULATIONS

Based on the following equation:

$$\sigma_{\varepsilon}^2 = \beta_{X_{ij}Z_{ij}}^2 \sigma_{X_{ij}Z_{ij}}^2 + \sigma_{residual}^2 \quad (C1)$$

$$1 = \beta_{X_{ij}Z_{ij}}^2 (1) + (1 - 0.16)$$

$$\beta_{X_{ij}Z_{ij}} = 0.400$$

I set the population parameter for the specific within-cluster interaction to 0.400 in the first condition so that it explained 16% of the level-1 variance  $\sigma_{\varepsilon}^2$ . Based on the following equation:

$$\sigma_{u_{1j}}^2 = \beta_{X_{ij}\bar{Z}_j}^2 \sigma_{X_{ij}\bar{Z}_j}^2 + \sigma_{residual}^2 \quad (C2)$$

$$0.30 = \beta_{X_{ij}\bar{Z}_j}^2 (1) + (1 - 0.16)(0.30)$$

$$\beta_{X_{ij}\bar{Z}_j} = 0.219$$

I set the population parameter for the specific cross-level interaction  $X_{ij}\bar{Z}_j$  in the second condition to 0.219 so that it explained 16% of the level-1 predictor  $X_{ij}$ 's slope variance  $\sigma_{u_{1j}}^2$ . Based on the following equation:

$$\sigma_{u_{2j}}^2 = \beta_{\bar{X}_jZ_{ij}}^2 \sigma_{\bar{X}_jZ_{ij}}^2 + \sigma_{residual}^2 \quad (C3)$$

$$0.30 = \beta_{\bar{X}_jZ_{ij}}^2 (1) + (1 - 0.16)(0.30)$$

$$\beta_{\bar{X}_jZ_{ij}} = 0.219$$

I set the population parameter for the specific cross-level interaction  $\bar{X}_j Z_{ij}$  in the third condition to 0.219 so that it explained 16% of the level-1 predictor  $Z_{ij}$ 's slope variance  $\sigma_{u_{2j}}^2$ . Based on the following equation:

$$\sigma_{u_{0j}}^2 = \beta_{\bar{X}_j \bar{Z}_j}^2 \sigma_{\bar{X}_j \bar{Z}_j}^2 + \sigma_{residual}^2 \quad (C4)$$

$$1 = \beta_{\bar{X}_j \bar{Z}_j}^2 (1) + (1 - 0.16)$$

$$\beta_{\bar{X}_j \bar{Z}_j} = 0.400$$

I set the population parameter for the specific between-cluster interaction in the fourth condition to 0.400 so that it explained 16% of the variance in the level-2 intercept variance  $\sigma_{u_{0j}}^2$ .

## APPENDIX D

### MPLUS 7.3 INPUT FILES FOR EMPIRICAL EXAMPLE

DATA:

! I applied CWC to the level-1 predictors and CGM to their cluster means in this data set.  
file = CWC.dat;

VARIABLE:

! 1 indicates morning, 2 indicates afternoon, and 3 indicates evening.  
names = paffm3 naffm2 work3 paffect3 naffect2 subject;  
usevariables = paffm3 naffm2 work3 paffect3 naffect2  
          intwtn cross1 cross2 intbtwn;  
cluster = subject;  
within = naffect2 paffect3 intwtn cross1 cross2;  
between = naffm2 paffm3 intbtwn;  
missing = \*;

DEFINE:

! Specific Within-Cluster Interaction Effect  
intwtn = naffect2\*paffect3;  
! Specific Cross-Level Interaction Effects  
cross1 = naffect2\*paffm3;  
cross2 = naffm2\*paffect3;  
! Specific Between-Cluster Interaction Effect  
intbtwn = naffm2\*paffm3;

ANALYSIS:

estimator = mlr;  
type = twolevel random;

MODEL:

% within%  
work3 on naffect2 paffect3 intwtn cross1 cross2;  
work3;  
% between%  
work3 on naffm2 paffm3 intbtwn;  
[work3];  
work3;

MODEL TEST:

! Perform a Wald test to investigate whether the specific interaction effects are equal.  
g30 = g11;  
g30 = g21;  
g30 = g03;

The MODEL TEST command below can be substituted into the Mplus input file above to perform a pairwise comparison rather than an omnibus test.

MODEL TEST:

! Perform a Wald test to investigate whether the specific cross-level interaction effect  
! and the specific between-cluster interaction are equal.

$g_{21} = g_{03}$ ;

DATA:

! I applied CGM to the level-1 predictors and CGM to their cluster means in this data set.  
file = CGM.dat;

VARIABLE:

names = paffm3 naffm2 paffect3 naffect2 work3 subject;  
usevariables = work3 naffm2 paffm3 naffect2 paffect3  
          gamma30 gamma11 gamma21 gamma03;  
cluster = subject;  
within = naffect2 paffect3 gamma30 gamma11 gamma21;  
between = naffm2 paffm3 gamma03;  
missing = \*;

DEFINE:

gamma30 = naffect2\*paffect3;  
gamma11 = naffect2\*paffm3;  
gamma21 = naffm2\*paffect3;  
gamma03 = naffm2\*paffm3;

ANALYSIS:

estimator = mlr;  
type = twolevel random;

MODEL:

%within%  
work3 on naffect2 paffect3  
      gamma30 (g30)  
      gamma11 (g11)  
      gamma21 (g21);  
work3;

%between%  
work3 on naffm2 paffm3  
      gamma03 (g03);  
[work3];  
work3;

MODEL CONSTRAINT:

new (intwthn cross1 cross2 intbtwn);  
! Specific Within-Cluster Interaction Effect  
intwthn = g30;  
! Specific Cross-Level Interaction Effects  
cross1 = g11 + g30;  
cross2 = g21 + g30;  
! Specific Between-Cluster Interaction Effect

intbtwn = g03 + g11 + g21 + g30;

MODEL TEST:

! Perform a Wald test to investigate whether the specific interaction effects are equal.

g11 = 0;		intwthn = cross1;
g21 = 0;	←Alternative	intwthn = cross2;
g03 = 0;	Specifications→	intwthn =
		intbtwn;

The MODEL TEST command below can be substituted into the Mplus input file above to perform a pairwise comparison rather than an omnibus test.

MODEL TEST:

! Perform a Wald test to investigate whether the specific cross-level interaction effect  
! and the specific between-cluster interaction are equal.

0 = g03 +	←Alternative	cross2 = intbtwn;
g11;	Specifications→	